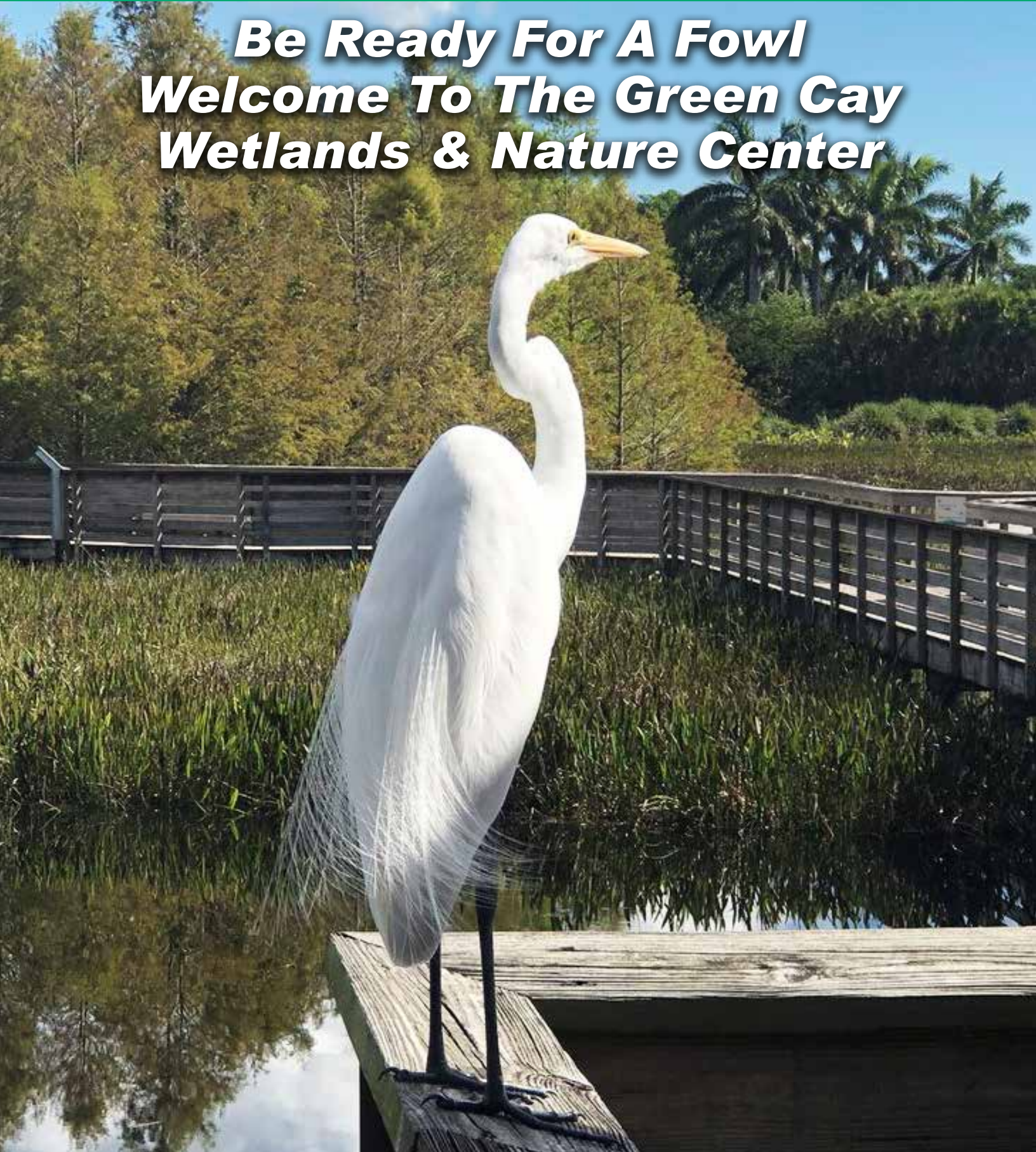


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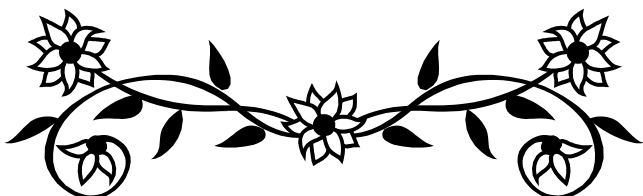
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We welcome articles of interest pertaining to Palm Greens as well as black and white photos. All submissions are subject to approval by the editor.

Please address all correspondence to: The Palm Greens Pulse – 5801 Via Delray – Delray Beach FL 33484. We request all articles be sent to The Pulse via email – unitowners5801@gmail.com.

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AFTER PAGE 10

Mixed Doubles

We Care

Helpful Tips on Laminating

Move Night (A Palm Greens First)

Help Wanted



CONDO 1

by Linda Brier



We're getting better!

... As our whole country slowly heads toward full recovery from the worldwide Covid pandemic...

Here in our Condo I neighborhoods, although we haven't been too visible, there's no question your Board has kept active. Step by careful step, we've continued to think about, plan and act to improve and maintain your homes' value.

Work is finished on our new automated sprinkler system and it's been a huge benefit to our overall landscaping efforts. Everyone's been enjoying the look of the greener grass; we think it goes along with the feeling of relief that we're finally moving around a bit in our world.

At this writing, work is continuing on the painting of courts 12 through 17. There's nothing like a fresh new face for summer! Consensus is that the new colors are brighter and more contemporary than our prior ones.

A fresh look is also in the works for the big privacy hedges along El Clair Ranch Road, from Lake Ida to Via Delray. The goal of the process is to ensure a more attractive and effective backyard screen and noise reduction element for those whose homes back up to El Clair Ranch. The process will include removing the dead hedges, installing new sprinkler configurations to support the area, and planting of new small leaf Clusia (cq) hedges. As they grow, they'll also be easier to maintain.

These three major projects were all part of planned 2021 expenditures.

A fourth major undertaking, also approved in the 2021 budget, may possibly be shifted into 2022 in order to avoid crowding our Courts with workmen and equipment for uncomfortable periods during one year... so late this year, or in 2022, we'll begin resurfacing all the courts as well as Via Aurora and Flora Place in Condo I. Bumpers will be power washed, repainted and renumbered as well. You'll hear more details as the time nears.

Another \$250,000 will be added to our bottom line around the end of this year, when 13th Floor is scheduled to start land development. If all goes as planned, they'll also begin work on the new clubhouse by the fourth quarter of 2021.

(continued on page 17)

CONDO 2

by Bob Stern



I am Bob Stern, the newest member of the Condo 2 Board, serving as Secretary. Thank you to those who had the confidence to vote for me. My wife and I have been unit owners for 5 years.

It's hard to realize that I've only been on the Board a bit over two months by the time you read this. I will admit that it was very humbling to realize how much I didn't know about the operations of an association our size. But it's been extremely rewarding to become immersed in something new and to learn about it. As required, I attended, online, the new Board Member course. And I've become much more familiar with Florida Statute, Chapter 718 (the Florida Condo Act) than I ever expected.

The way Sandy, Rob, Tirtzah and Colm immediately accepted and welcomed me was greatly appreciated. Of course, in the same breath, I was quickly given work assignments. Given my experience over the past two months I suspect that very few residents understand the time commitment of being a Board member.

To ensure your Board is adequately setting aside reserves for future needs, it will be engaging a firm to conduct a Reserve Study. I researched several firms and a recommendation has been made to the Board.

To facilitate voting – for elections or otherwise – the Board has wanted to explore electronic voting. The nature of our community (full time and seasonal), the performance of the mail system, and unforeseen circumstances such as COVID-19, are key drivers to make a move that will enhance the ability of unit owners to vote. Given my background, I was asked to take the lead on this initiative. Any system we utilize will comply with all requisite provisions of the governing documents and Florida statutes.

As many of you are aware, our satellite pool has been losing water. Our pool company checked for a leak but found none. Several small leaks were suspected and confirmed when they performed a 24-hour test. Over that span the pool lost 1½% of water. Consequently, we will be resurfacing the pool in the not too distant future. More details to come once we have a firm starting date.

So, while my first months have been busy, they have also been informative and exhilarating. The Board is a very dedicated, cohesive, collaborative group and, working with them, I look forward to serving this community.

FROM THE MANAGING EDITOR

by Mel Clapman

Whenever we get to the last issue of the season, I always go through a variety of editorial emotions. What should I write about?

Should it be the **Rec Board** – but you already know what a dedicated bunch of people they are. Committed to keeping Palm Greens' residents safe and out of harm's way from the Coronavirus.

Should it be about the few people here who have a sense of entitlement that allows them to drive against the arrows in the parking lot, disregard the safety rules mandating masks and safe distancing when in the pool, on the tennis courts or playing shuffleboard, **Forgettabout it!**

This last-for-the-season article is a shout-out to the very special people who made the past seven issues of the Pulse come to life...in the face of overwhelming odds. **THE WRITERS!!**

Just think about it. No clubhouse. No clubhouse activities. No movies (see footnote). No entertainment. No club meetings. What's a writer to do? So, without further ado, from the bottom of my heart, my deepest thank you goes out to: **The Condo One and Two and Rec Board writers.** Too many to mention, but all there, every month with the latest and most interesting news about the happenings at Palm Greens **The Alliance of Delray Residential Association** by Judy Goldberg. **The Entertainment Committee** by Water Jacobson, **The Four Seasons** by Sherry Stein. **The Women's Club** by Edie Reich and Adele Reinstein. **The Men's Club** by Morty Teisch. **The Tennis Committee** by Steffi Carmel and Mark Melnick. **The AUM Computer Article** by Murji Rabadia. **Tennis Tips** by Jim Boardman. **He Said-She Said** by Joan Engleman. **The Tennis Social Club** by Sharon Dorfman.

And where would we be without the "behind-the-scenes- help" from **Beth Villanova** and **Rhoda Misikoff**, our Production Manager and Adverting Manager?

Hats off to **Chris** and **Heather** in the Rec office. They are always there when you need them.

I want to share with you that some of the people mentioned here came through this season in the face of having to deal with problems and issues that crop up day



RECREATION BOARD

by Andrea Wagner



Hi! I am a new member of the Rec Board, having lived in Palm Greens for the past 1.5 years. (condo 2) If you didn't vote for me, I will still work on your behalf! (Biden said it best)

Originally from the Bronx, NY, I raised my family in Yorktown Heights in Westchester County, NY, before relocating to Danbury, CT then Delray Beach in 2019. I began my artistic career working for Soap Opera Digest as an art director, meeting all the soap stars of the 80's! I currently run my Web Design Company and have a lot of experience in dealing with various businesses and personalities. I was also the Marketing Director for my local Chamber of Commerce for many years. I am a full-time resident and want to do my part to make this the greatest place to live in Delray.

In addition to being a board member, I am also an avid tennis player and the board liaison to the Tennis Committee who work hard putting terrific rotations and tournaments together. Any questions regarding tennis can be addressed to either the committee or myself.

We have all been frustrated at the restrictions put in place for our protection due to Covid-19. The members of the board consistently discuss the how and when to relax restrictions. Our decisions are based on the most current CDC Guidelines. Each week we review and update as things progress. Please be considerate to your neighbors and adhere to these regulations. I am eager to open things up as fast as possible with safety in mind first.

You should have all received an email to take part in our survey to get an idea of what you, our residents, are thinking, feeling, would like to see.

Please note, that every single request and concern is reviewed. The best way to contact us is to go through the website at <http://palmgreens.org/palm-greens-contact-form.org>. While the app Nextdoor is a great sounding (and complaining) board, it is not the place we address issues.

I hope you are taking advantage of our Friday night movie nights! They sell out fast so be sure to reserve early. The PG Market Place (book exchange, bake sale and art show) was a great success. A big shoutout to Chris for putting this all together and to Heather who

(continued on page 17)

(continued on page 18)

ENTERTAINMENT COMMITTEE

by Walter Jacobson



It is April 2021, and as of March 2021 the Covid19 pandemic has killed over 500,000 fellow Americans and infected over 28 million of us. To help curb the spread of this deadly virus, please stay home as much as possible, wear a mask when going out and try to keep at least 6 feet away from others.

As mentioned in each of the previous articles, this season we will have **no monthly shows this entire season** (Nov 2020 to Apr 2021) in the Palm Greens clubhouse (or anywhere else for that matter.) We have had no shows for the entire 2020-2021 season. We don't know if there will be shows for the 2021-2022 season yet. We have hired no entertainers as we do not know when our clubhouse will be open. As of this writing, the clubhouse remains closed.

You may not remember it but the Oscars ceremony in 2020 was held 2/9/20. There were movies we might actually have seen. In movie theaters. This year's Oscars ceremony is scheduled for 4/25/21 and we may not have seen many movies in 2020. We certainly did not see any movies in movie theaters.

Some tips...

If an email looks suspicious, even seemingly from a relative or friend, DON'T OPEN it. You may be 'hacked' if you do, and the malware will then be sent to everyone in your address book. Suspicious emails may say "Is this you in the video?" or "I would like you to see this". Don't click on or open suspicious stuff. Trust but verify. Query the 'sender', if an actual friend or relative is not the sender in the email.

If some device, computer, tablet, router, phone, etc. does not seem to work properly, reboot it. Shut it down or restart it. That usually clears out whatever was screwing it up. Computers, including laptops need to be shut down periodically to clean out accumulated stuff. Sometimes with a computer, including a laptop, you need to hold the power button down until the device turns off, wait a few minutes, then power it back on. Tablets such as iPads, Kindles, Samsungs etc. are a special case. When you shut them off you are actually putting them in a mode similar to sleep mode on a computer, so that they will boot back up very quickly. You should probably turn off

(continued on page 18)

ALLIANCE OF DELRAY RESIDENTIAL ASSOCIATIONS

by Judy Goldberg



It seems like we just began the "Season" and it is April and some of our Snowbirds will be leaving for their northern homes. This is a beautiful time of year so store up those memories till next season. Those of us who live here all year round feel lucky to enjoy the easy life style of Palm Greens. Even with the pandemic, Florida offers so many beautiful places to visit and eating outside, after getting our vaccinations. It creates another alternative. Still wearing masks but exploring a bit! Whatever you choose to do, enjoy life and wear your masks. Happy Easter to those that celebrate!

Mayor Dave Kerner was our main speaker and he gave a video presentation that shared the many aspects of services and offering to residents of Palm Beach County. He said that Covid19 affected PBC, but that generally we had a low positivity rate, ahead of all the other counties in Florida! As part of the Cares Act monies, the county was able to supply all families with 4 Covid masks. Money went to the Business Restarts and of course to help with the extremely long food assistance lines. A large part of the Cares Act money is going to the Business Restart program. Palm Tran was kept open and sanitized so that our workers at Publix and other vital stores could get to their jobs. Animal control stayed open! Many of our agencies continued their work by appointment during this crucial time.

Dr. Lori Vinikoor, Executive V.P. of the Alliance, referred to a letter our President, Bob Shulbaum sent to Palm Beach County Commissioners regarding the Alliance's concern for the Agricultural Reserve on several key issues. An application for a hospital on the Northeast corner of Smith Sunday Road and Atlantic Avenue was found to be unacceptable. The needs of the communities are already being well met. Application for the land on the Northwest corner of Atlantic Avenue and the Florida Turnpike was also deemed unacceptable. A builder planned to build a distribution center on the close to million square feet of space, which is not what the Agricultural Reserve was intended for. In addition, there is an application for high-density housing for the Southeast corner of Half Mile Road and Atlantic

(continued on page 19)



TENNIS COMMITTEE

by Steffi Carmel
and Mark Melnick,
Co-Chairs



Our Palm Greens Tennis season has been a resounding success even with the difficulties presented by the Covid pandemic. We started the season with very limited use of the courts and through the hard work of the entire Tennis Committee we were able to have rotation play as well as several events. Even though we had less players from prior seasons we still had over 100 players registered for rotation. Rotations ran 4 days/week with courts reserved for self-made games on the other 3 days.

The Tennis Committee organized and ran 3 successful events:

Over 60 players participated in the first mixed doubles tournament. The winning teams of the tournament were Toni Buonafede/Bob Horowitz in the White Division and Silvie Murphy/Wayne Garges in the Green Division.



Our second tournament was a Corks and Courts Mixed Doubles Charity Event and \$1600 was donated to the We Can Help Foundation. The winning teams were Carole Coté/Serge Lacharite in the Rose Division, Beth and Bob Villanova in the Merlot Division, and Bev Clapman/Mike Fallon in the Chardonnay Division. Many thanks to Breakthru Beverage, Palm Beach Liquors in the Shops of San Marco, and ABC Wines, for donating prizes for our raffles.

Next up was a singles tournament. While most of the tennis played at Palm Greens is doubles, there were still 12 players that competed in the singles play. In one of

(continued on page 20)

WOMEN'S CLUB

by Edie Reich
Adele Reinstein President



March is here and with Biden's Covid Virus relief plan, we are closer to seeing a light at the end of the tunnel.

Women's Club under the direction of Adele Reinstein is keeping Women's Club alive and well. Even though we could not have meetings some of the Board has met every month. Meetings would be held virtually or at Lake Ida Park or outside on the Lanai at Adele's home.

In April we have tentatively put together a trip to Morikami. We will put out fliers once we have all the details in place. Other activities we have thought about are:

Drag Queen Bingo, Paint Night, Mystery Party, Name that Tune, Bunco Individual Dice, Tea, and Photo Scavenger Hunt.

Take Care and stay safe.

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FOUR SEASONS

by Sherry Stein

"Five hundred twenty-five thousand six hundred minutes, Five hundred twenty-five thousand moments so dear.

Five hundred twenty-five thousand six hundred minutes,

How do you measure? Measure a year?..."

In facemasks

In Distance

In Isolation

In meetings by Zoom

In inches, in miles, in laughter, in strife.

Five hundred twenty-five thousand six hundred minutes,

How do you measure a year in a life?

For the past twenty-seven years Chuck and I have so enjoyed the carefree life of Palm Greens. Strangers quickly became friends and family. We became enmeshed in the fabric of this wonderful community and I am grateful to have had so many "Seasons of Love" to share with you in this column that I have been writing for the past six years.

It is bittersweet to say that I am retiring after this April edition of the Pulse. We are moving to our new home that is thankfully not too far away. On some level I wish it were an "April Fools" prank, but it's not. I will miss you and Palm Greens.

Wishing you a very peaceful and happy Easter and Passover. I hope you will be sharing the holidays with family and friends.

May the Four Seasons to come find you healthy and safe, celebrating good times together at the pool and Clubhouse.

"Seasons of Love", lyrics by Jonathan Larson, from the Broadway show, "Rent".



MEN'S CLUB

by Morty Teisch



I can't believe that it is over one year that COVID-19 has changed us. It was very difficult not seeing family and friends that we care so much for. Whoever you met all conversations began with: Did you get your vaccine yet? Was it a Pfizer or Moderna? (as if it made a difference to them!!) Fortunately, the number of South Florida Seniors successfully receiving COVID-19 vaccines has been growing daily. More places have been opening up, CVS, Publix, Winn Dixie, South Florida Civic Center, Tradewinds, John Prince Park, Markham Park, Miami, Hard Rock, and the South Florida Fair Grounds which held 1,000 people.

Janice & I waited until something came closer to home and lo and behold, we had to drive only 15 minutes from Palm Greens to a Publix on Federal Highway. This was a delight. They gave us an assigned time and exactly that time they allowed you to be seated. Once in you received your vaccine within 10 minutes. Then after the vaccine you were requested to sit for another 15 minutes and if there were no issues you were able to leave. We faced this Pandemic together and we came out stronger. We are going to keep on doing all those things we just didn't think were possible. As of this writing, Johnson & Johnson's vaccine has just come out with a One-Dose Vaccine.

We marveled at the strength of neighbors and friends in P.G. who took good care of themselves during this Pandemic. 2020 was the year of hell and 2021 is the year hell froze over.

Have a great summer and we look forward to seeing you in the Fall...



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SECURING YOUR DEVICE DURING TRAVEL

by Murji Rabadia – AUM Computers
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As we get closer to resolving the Coronavirus pandemic, we will start to think and plan to travel. Here are six tips for you to consider when you leave home.

1. Before travel, make sure to update your device operating system, software and security programs to the latest versions. Backup your device just before your trip.

2. In order to avoid your devices automatically connecting to free, insecure public networks, go to your WiFi settings and turn off “Ask To Join Networks” and make sure you don’t manually connect to public WiFi without VPN (Virtual Private Network)

3. Add a password or pin to protect devices in case it’s lost or falls in the wrong hands.

4. GPS location services on your phone tracks your location which should be turned off from privacy settings when not in use.

5. If you must use public WiFi without VPN or have to use a public device, only use it for online browsing such as news. **Never use public devices for banking or checking emails or even using social media apps.**

6. When you are not using your phone, turn on the airplane mode. This disables all cellular transmissions and stops your devices from unnecessarily scanning for wireless networks, which also helps in maintaining the battery life.

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HE SAID...SHE SAID

by Joan Engleman

Hi. My name is Joan Engleman. I have lived here in Palm Greens as a snowbird for the past 17 years. Last year I approached our editor of the Pulse newsletter, Mel Clapman, about an article I had in mind. It's called He Said ... She Said. I interview couples and help them to reminisce about their courtship, marriage and life in Palm Greens. It turned out to be interesting to go down memory lane. Mel said "Let's give it a try", so I did. I hope you have enjoyed reading my article. I'm always looking for more couples to interview. Everyone has a unique story, and it's a lot of fun. If you are interested, please give me a call. Joan Engleman 301-503-4484.



Alice (Maldonado) and Tony DeNiro - Married February 25, 1962. Children: 3 girls, 1 boy, 5 Grandchildren and 4 Great-grandchildren.

She said (SS) - I was born in Williamsburg (Brooklyn) New York, November 17, 1939. I attended Bushwick High School. After I graduated, I went to work for The Metropolitan Life Insurance Company for 3 years.

He said (HS) - I was born in Syracuse, New York, October 21, 1939. I attended West High School, Town of Auburn, New York. After I graduated, I joined the Navy Reserve and went on active duty for 2 years. I attended an apprentice electrician program for 5 years, then I became a Journeyman electrician.

SS - I remember when I met Tony. It was Memorial Day weekend. My best friend was getting engaged in Auburn, New York, and they were having a party. I had to be chaperoned by my sister because I was only 21 years old.

HS - I went over to my friend's house to attend his engagement party. I was sitting on the couch, when Alice came down the steps. I said WOW to myself. She was

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TIPS FROM OUR TENNIS PRO

by Jim Boardman (USTPA Pro)

In poker, a sudden eye movement, a twitch, or a cough are all quickly noticed by a pro and scrutinized for meaning. These giveaway actions are called "tells". And so it is in tennis.

If you are observant, you will notice many tells by the players across the net, and that shrewdness can be a big advantage for your team. Some very common tells include: After a point is over, an opponent returns the ball to you by obviously rehearsing his forehand, a sure sign he absolutely has no confidence in it.

Your opponents take their volleys in a warm-up, standing two inches from the net. Do they really know how to volley? Very doubtful.

You ask for a lob in a warm up, and the guy across the net cannot even get the ball to you. Will you be facing lob queens? No.

One of opponents screams, I can't hit a service return to save my life, to himself. Excellent. He probably talked himself into that one.

Your opponents never talk, but this time, before serving to you, watch out, a rare poach is coming.

You hit a perfect service return lob winner. Your opponents not only do not confer, but they also move to the next point without giving it a second thought. Do you think they figured out how to cover the next one?

If you watch carefully, you will notice other tells in each match that you play. Be sure to share the information with your partner, and pounce on the weakness immediately.

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TENNIS SOCIAL CLUB

by Sharon Dorfman



April is the time we usher in spring in most parts of the country. Here in Florida of course, for the most part, we have eternal summer.

It is known as the time of year when "April showers bring May flowers"

Unfortunately, this year we have had to contend with the coronavirus and most of our activities have been curtailed.

As many snowbirds return to their northern homes, we want to wish them a safe journey and most of all good health.

NOBODY ASKED ME BUT...

by Mel Clapman

... If Howard Cosell were a sport, he'd be roller derby.

... I never met anyone from Sandusky, Ohio.

... Only two things make a restaurant waiter civil: a big tip or bad business.

... The most ardent sports fans are those who see the event on television.

... Why do people dining out sit down and immediately open their I-Phones?

... Why do we use the kitchen table to open new packages?

... When will Florida stop renewing 6-year drivers licenses to people who are 99 years old?

... Why is it virtually impossible to get out of Trader Joe's, Home Depot and Costco without buying something?

... Why is it that right after you clean off your desk, you can't find a thing?

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AN UPDATE ON THE 13TH FLOOR PROJECT

by Susan Herman



For those of you not familiar with development projects it seems like it has been an extraordinary amount of time that we have been waiting to see a shovel hit the ground. Those of you familiar with these types of projects understand that this can be par for the course (pun intended!). Development of this scale can be a very lengthy and arduous process.

Here's the update: amid the pandemic which had already slowed things down by several months, a change in personnel at one of the agencies involved in permitting replaced all its staff causing another slight delay for 13th Floor. Fortunately, 13th Floor was able to educate and bring the new personnel up to speed and 13th Floor now expects to be back on track.

Some good news: the project received its Technical Compliance letter from the County which is the final approval for all engineering and planning, and platting related matters. This means site development is near!

Barring any unforeseen circumstances, 13th Floor projected that permitting by all agencies should be completed in April. 13th Floor hopes to pull the permits for land development by the end of the 2nd quarter this year. Demolition of the old golf building will be done simultaneously with land development (clearing, earth moving, excavating etc.). Construction of the clubhouse and preparation of the residential pods should begin in the last quarter of this year.

If you have any questions, please contact the Palm Greens Community Association (PGCA) at palmgreenscommunityassociation@gmail.com. The 2021 PGCA members are Marilyn Diekmann, Condo 1, Susan Herman, Condo 2 and David LeVine, Recreation Association.

THE HEALTH ROOM

by Mel Clapman

With all of the advances being made to get us back to normal from the Coronavirus, it's a good idea to review what we should be doing for ourselves until we get the All Clear.

How can I keep myself safe?

While there isn't a cure yet, there are some things you can do to help protect yourself and your family, and avoid spreading the disease if you have it.

The CDC's clearest recommendation for keeping yourself safe is to frequently wash your hands thoroughly and to not touch your face.

Also, avoid public spaces, crowds and large gatherings, and stay away from people who appear ill.

At home, cleaning and disinfecting surfaces help prevent the spread of disease.

In general, the best prevention for this virus is the same as preventing a cold or flu, and that's good hygiene. But there are a few additional things to keep in mind.

We may come into contact with many re-contamination opportunities throughout the day that we might not think about.

For example, did you know that leaving your hands wet after washing them can breed viruses and bacteria faster than if you dry them with a paper towel? And that using an air dryer can blow airborne contaminants back onto your clean hands?

Also, think about what you spend more time touching every day than anything else. That's right, even your smartphone can harbor disease, and if you've touched a contaminated surface, it's easy to transfer those viruses and bacteria to your phone, where they can live for hours or days.

Even if you've washed your hands, touching your phone and then your face can cause illness.

Disinfectant wipes for smartphones and other devices can make sure your phone stays clean.

How can I avoid spreading germs to people I'm in contact with?

When someone is infected with COVID-19, the only real way to prevent them from spreading this disease is for that person, and the people they live with, to stay home.

Regardless of responsibilities, careers, errands, or important events, it's critically important for everyone

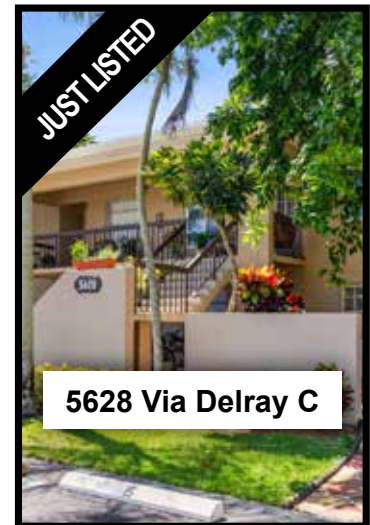
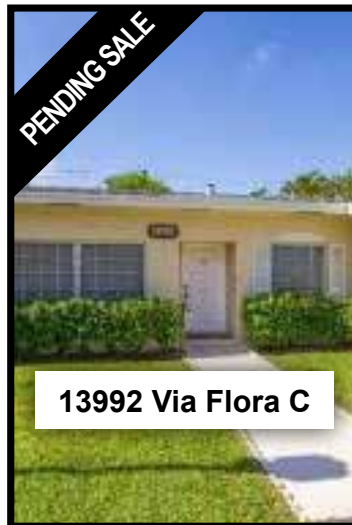


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Each wool ball car diffuser is \$15, which includes free shipping within the Continental U.S. To order, send an e-mail to sheri@sherisilver.com.

POINTS OF INTEREST

For our last trip of the season we are visiting the Green Cay Wetlands. Green Cay is a nature preserve located in Boynton Beach. The 100-acre property was purchased in 1999 from Ted and Trudy Winsberg, who used the property for farming. The Winsbergs sold the property for 1/3 of its appraised value with the condition that it would be made into a wetland.

Address: 12800 Hagen Ranch Rd., Boynton Beach **Phone:** (561) 966-7000.

Green Cay was created jointly by the Palm Beach County Utilities Department and the Palm Beach County Parks and Recreation Department in 2004. The park includes 1.5 miles of an elevated wooden boardwalk, which takes visitors through various habitats, including Cabbage Palm Hammock, Cypress Swamp, Wetland Hammock, and Tropical Hardwood Hammock. The boardwalk also features a Seminole chickee hut as well as several gazebos, which have descriptive signs offering information on the wildlife and plant life.

The Nature Center showcases exhibits on the water cycle as well as a turtle pond, frog terrarium, American alligator hole with young live alligators, and a wetland diorama. There is also a theater, gift shop, and an exhibition hall inside.

The park is a water reclamation facility, and naturally filters millions of gallons of water each day.

Fauna - Many species of birds can be seen throughout the park, including purple gallinule, black-bellied

whistling ducks, black-crowned night herons, great egrets, white ibis, common gallinules, roseate spoonbills, glossy ibis, least bittern, limpkins, mottled ducks, northern rough-winged swallows and northern flickers. Reptile species include the American alligator and Florida redbelly turtle. Mammals include marsh rabbits, raccoons, bobcats, and river otters.

Flora -The park has various species of plants and trees that include but is not limited to sabal palm, live oak, bald cypress, red maple, pickerelweed, royal palm, duckweed, and giant bulrush.

NOTICE: The boardwalk at Green Cay Nature Center and Wetlands is open from sunrise to sunset; public restrooms are accessible from 7:00 a.m. to 7:00 p.m. Please follow CDC's guidelines on personal hygiene prior to visiting Green Cay; do not visit Green Cay if exhibiting symptoms of COVID-19; follow all signage, facial coverings required in two way traffic; please keep moving and be courteous to others; share the boardwalk and warn other users of your presence as you pass. Please remember to practice social distancing, remaining out of congregate settings, avoiding mass gatherings and maintain distance (approximately 6 feet or 2 meters) from others and when this is not possible, wear a facial covering.



Scan QR codes found at each "X" location with a smartphone or other mobile device for information about each zone! Download a free reader from your app store or marketplace.

Zone 1—Emergent Marsh
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Zone 5—Wetland Hammock
Zone 6—Flag Marsh
Zone 7—Cypress Swamp
Zone 8—Open Water
Zone 9—Alligator Hole

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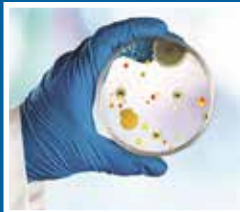
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CONDO 1... (continued from page 3)

Our year-round residents will see our new face evolve almost daily. When our snowbird neighbors return, they'll also be pleased and impressed with the highly visible upgrades. We appreciate every resident's patience and forbearance as the work is underway. Some of the best things happen to folks living in a fresher, more cheerful community. We needed this great lift after enduring 2020!

And it means we're getting better!

Please address feedback, in writing, to Condo I Board of Directors, at palmgreenscondo1.com. Correspondence also can be placed in the Condo I mailbox outside the office.

**SUPPORT THE
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WHO SUPPORT US!**

FROM THE EDITOR... (continued from page 4)

to day. But they did it...and we produced seven issues that were graphically attractive and interesting to read. Again, THANK YOU!

Oh, let's not forget **our advertisers**. Simply put, without them, there would be no Pulse! Please try to support them, when possible, by using their services, or the products they sell.

So what's next? Who knows? We seem to be moving toward a point where we have this pandemic resolved, and finally get back to normal...whatever normal will be.

But right now, you know the drill. Masks. Distance. Clean hands.

On a brighter note we have some upbeat subjects to look forward to – some I can't mention, but I can share with you that for the new season, you will see some new changes in The Pulse. So, keep an eye out come October and we hope you will enjoy them.

A final thought before I sign off: We are still looking for an Assistant Advertising Manager. With the clubhouse still closed as of this writing, please call 347-645-7671 to arrange an interview.

Have a great summer and we'll see you all next Fall.

Footnote: Read the article about our special Friday Night Movie!!

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RECREATION BOARD... (continued from page 4)

field all the calls, take pool reservations, and continue to plan these great, safe events. I am hoping to have these and other events continue year-round for our full-time residents.

In other news, the construction of the new fabulous clubhouse is due to start in the 4th quarter of this year. Clubhouse and models will be built first and only when a lot is sold will construction be done on that lot. This will prevent a lot of construction going on at once.

To our departing seasonal residents; see you in the fall!

ANOTHER PALM GREENS FIRST! FRIDAY NIGHT MOVIES AT THE POOL!

It wasn't "Citizen Kane", or "The Ten Commandment", but we finally got back to our Friday Night Movies program. And it was held poolside so we could be safe being outdoors, masked and properly distanced.

We counted about thirty people and the setting was close to perfect. Keep an eye on Channel 63 for more of this event and a big "Thank You" to the Rec Board for making it happen.



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ENTERTAINMENT COMMITTEE... (continued from page 5)

a tablet from time to time to clear out accumulated junk.

The internet is a vast storehouse of accumulated knowledge. You can 'visit' any country in the world, most museums, etc. Try Google Earth on a tablet or computer and 'fly' to your address or any address or place in the world. You can 'climb' mountains, cruise down rivers, etc., without leaving your house.

Another interesting and useful website is YouTube. If you want a review of pretty much anything you are considering buying, someone has probably put a comparative review of it up on YouTube. If you are not sure how to even begin with a new electronic purchase, search for "Unboxing" of the item. If you want to know how to repair anything, do plumbing, car repair, carpentry, etc. etc. someone has put an instructional video about it on the internet. Want to learn how to use a tablet more effectively or learn how to dance? Many people, some teenagers, have put informative videos up on YouTube.

How about free classes? How about MIT? If you want, you can take free MIT classes online:

"The idea is simple: to publish all of our course materials online and make them widely available to everyone." – Dick K.P. Yue, Professor, MIT School of Engineering. OCW (Open Courseware) is a free and open publication of material from thousands of MIT courses, covering the entire MIT curriculum. That's every MIT department and degree program, and ranging from the introductory to the most advanced graduate level. Each OCW course includes a syllabus, some instructional material (such as lecture notes or a reading list), and some learning activities (such as assignments or exams). Many courses also have complete video lectures, free online textbooks, and faculty teaching insights. While some OCW content is custom-created for online use, most of it comes straight from the MIT classroom. There's no signup, no enrollment, and no start or end dates. The entire OCW collection is always here for you. Freely browse and use it at your own pace.

Go to ocw.mit.edu

How about Khan Academy? Advertised as "A world class education for anyone, anywhere 100% free"

There are classes in just about everything, test preparations and videos. Go to khanacademy.org.

How about some humor?

• If you're seeing double after drinking a few glasses of wine, simply close one eye.

(continued on page 19)

ENTERTAINMENT COMMITTEE... *(continued from page 18)*

- It's not premarital sex if you never get married.
 - Cannibals don't eat clowns because they taste funny.
 - My wife told me to stop impersonating a flamingo. I had to put my foot down.
 - I was wondering why the Frisbee kept getting bigger and bigger, but then it hit me.
 - They say that money talks, but all mine says is goodbye.
 - My wife just found out I replaced our bed with a trampoline. She hit the ceiling.
 - I was addicted to the hokey pokey but then I turned myself around.
 - I used to think I was indecisive but now I'm not so sure.
 - The easiest time to add insult to injury is when you're signing someone's cast.
 - Always borrow money from a pessimist. They'll never expect it back.
 - The problem isn't that obesity runs in your family. It's that no one runs in your family.
 - I'm reading a book about anti-gravity. It's impossible to put down.
 - Doctor, there's a patient that says he's invisible. Well, tell him I can't see him now.
 - Dad, are we pyromaniacs? Yes, we arson.
 - What rock group has 4 men that don't sing? Mt. Rushmore.
- Please wear a mask when you go out. Let's everyone do his or her part to stop spreading this deadly pandemic; it is a critical health matter. Actually, as tired as we may be from this Coronavirus lock down by staying home mostly, if we take the necessary steps together, we may 'flatten the curve' and reduce the number of fellow Americans who will die.

Thank you for not bringing drinks and food into the pool area. And thanks for cleaning up after you finish with your refreshments.

**DELRAY ALLIANCE...** *(continued from page 5)*

Avenue which the Alliance also opposes. Protecting our Agricultural Reserve for our future residents and creatures that live there, is crucial as builders seek more and more land for new developments. Also, the "ski lake" that builders created without getting approval for re-zoning has been stopped. The Magistrate denied motion for a new trial! The illegal developers were fined and must remove the building that was built on that site. The surrounding residents are very relieved.

Captain Rob Sandt of the PBC Sheriff's Office warned of a new fraud scam in which a phone call is made informing the intended victim that he/she is an executive with Amazon Prime, and the victim is due for a refund. But first the "exec" needs "Team Viewer Tech Support" to be downloaded. DO NOT do that! It opens a ZELL account and the "exec" can immediately have access to your funds and wipe you out! Again, Amazon does not contact you by phone! If you are curious, hang up and call Amazon's customer service number directly! 888-280-4331 or email them! The scammers are out in force and are after our money! Another scam is at the gas station. While getting gas, you may get distracted and leave your handbag out in the open, while you are getting gas. The thief opens your passenger door and takes off with your pocketbook. Be careful... Also, please lock your car doors! Good news is that car crashes are down 41%. Tony Tozzi, Chief of PBC Fire Rescue, reported receiving many more EMT calls. He believes it is due to the tremendous increase in new residents. Our population here in Florida is exploding right now. Property appraiser's evaluations are up 20% to 40%. A sellers' market. Representative Emily Slosberg announced that the government has expanded Covid19 vaccine accessibility. There are 2 bills that are to be voted on, consumer protection regarding the vaccine, and a bill limiting Covid19 liability for businesses. These are the bills moving through the legislature at this time.

Commissioner Maria Sachs, PBC County Commissioner, has received the letter from the Alliance concerning the applications (see above). She also informed us that the ski lake has been solidly denied.

Karen Brill, (PBC Board of Education.), announced that 50% of the school workers are eligible for the vaccine. There have been complaints about having the students participate in the standardized testing this year. Also, it was ruled that public schools must

(continued on page 20)

DELRAY ALLIANCE... *(continued from page 19)*

share money with charter schools, which effectively eliminates "home rule".

The next Zoom meeting of the Delray Alliance will be on Wednesday, April 7, 2021. Our guest speaker will be State Attorney Dave Aronberg who will discuss Covid19 scams.

We Zoom our meetings for now, but when Covid is tamed, our meetings will take place at the South County Civic Center, 16700 Jog Road, Delray Beach, across from Morikami. Doors open at 9AM when refreshments are served. The meeting begins at 9:30 and always concludes by 11:30. All are welcome.

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WE CARE

As the name of our organization implies we care for our friends and neighbors in Palm Greens to make sure that all their needs for being healthy are being taken care of.

We transport our residents and their guests to medical facilities, and we provide walkers, canes, and wheelchairs when they are in need.

To be able to do all that we have to do for our resident and their guests, we always are in need of volunteers. Without volunteers, any organization would have to hire people to do the job that is done now in Palm Greens.

Palm Greens is very fortunate that there are many volunteer that staff all our clubs, and staff our boards and they do so without any compensation, otherwise if we have to pay for this kind of service that the volunteers do, our maintenance would be triple what it is today.

In case any residents are in need of our servicers, please call 495-0878 which is monitored by one of our volunteers who gives the information to another volunteer.

Please give us 24 hours and leave your name and a telephone number where we can reach you.

TENNIS COMMITTEE... *(continued from page 6)*

the most intense matches held at Palm Greens, Richard Rivest outlasted Peter Wolf (12-10) to become the Palm Greens Singles Champion for 2021.

As the Palm Beach Sr. Tennis League was cancelled this year, these events were a good way to maintain the camaraderie of our team players.

Jim Boardman, our pro, provided assistance with our events as well as our rotation. His free clinics were well-attended. This year, Jim spent more time on the courts during rotation providing advice on doubles strategy and tips on positioning, a trend we hope to continue next season.

Of course, none of this could have happened without the hard work of the entire Tennis Committee. Many thanks to the Committee members for all they continue to do for Palm Greens Tennis. The Committee assisted with rotation check-in, court monitoring, and all events. These things wouldn't have been possible without them:

Mike Fallon

Jo Krokus

Sara Silverman

Florence Strongin

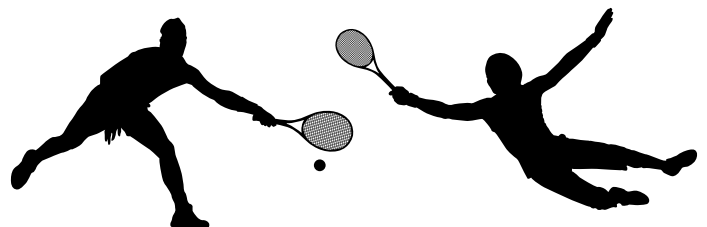
Special thanks to a few of our committee persons - Beth Villanova for coordinating our events

Bev Clapman, our immediate past chairperson, for her guidance and suggestions

And of course, Norm Wasserstein, for setting up rotations, keeping things calm, and all other things tennis.

Even though the rotation scheduling will end this month, our tennis program continues throughout the summer for our year-round residents. Stay tuned for info via email on changes for the summer. If any residents who wish to play tennis have not been getting our emails, please send the tennis committee an email at tnnscenter@gmail.com to request to be put on our email list.

As this is our final Pulse issue until October, the Tennis Committee would like to thank all of this season's players. We wish everyone a healthy, Covid-free summer and we are looking forward to a complete tennis season beginning in November.



HE SAID - SHE SAID... *(continued from page 8)*

gorgeous.

SS - I saw this guy sitting on the couch, and I said gosh he's cute.

HS - The following day they were having a cookout, so I invited myself. I asked Alice if she would like to go for a ride in my car?

SS - I said yes

HS - I took her to a cornfield, which was really a lover's lane. I tried to kiss her.

SS - I said "Take me back" my father will take care of you if you try anything.

HS - I never kissed her all weekend.

SS - We lived 350 miles away so phone calls were long distance. We wrote to each other. I kept all of the letters. Recently I gave them to my granddaughter who wanted to read them.

HS - I would drive down to see her every other weekend. I had a brand new 1961 car. I think I paid \$1,200.00. When I drove home, I would drive all night, and then go right to work. I stayed at the YMCA, \$10.00 a night, when I visited her.

SS - After 3 or 4 months my parents let him sleep on our couch.

HS - I really loved this girl. I wanted to buy her a ring. My mother said, "Give her mine". She took it off her finger and gave it to me. My father had won it in a dice game. I gave it to Alice Thanksgiving 1961. She was so surprised.

SS - All I could think was that I was too young. All of his family and friends came to Brooklyn at the All Saints Roman Catholic Church for our wedding.

HS - Both parents shared the wedding expenses.

SS - We went to Niagara Falls (Canadian side). It was February and it was freezing. (Frozen Falls gorgeous.)

HS - We stayed 5 nights. I think it cost \$10.00 a night.

SS - Our first apartment was a 1 bedroom, 2nd floor in Auburn, New York. \$60.00 a month.

HS - We then moved to a half house which we shared. We didn't have much furniture, just a bed and a crib for our daughter Lisa. The rent was \$50.00 per month.

SS - The owner made soda outside in the back yard in the garage of the house. They gave us free soda. (The best root beer in 1964.)

HS - My father had two vacant lots that he gave to me. I built a house on my own; 3 bedrooms, den and a two-car garage. It cost me \$11,000.00. 20 years later I sold it for \$80,000.

SS - In 1983 we downsized to a 2-bedroom house.

HS - In 1999 we came to visit family in Boynton Beach, Florida. We had a manufactured house that we stayed in. We loved Florida.

SS - We found a realtor from Palm Greens. We answered his ad, and met with him at the clubhouse.

HS - When Alice walked in and saw the stone wall in the kitchen she said, "This is it".

SS - I fell in love with the unit. It was very clean.

HS - We love it here. I play tennis, walk and do water aerobics. I managed "We Care" for 10 years before becoming a board member in Condo 2. I'm into physical fitness. I ran marathons. I rode my motorcycle. I was on the Tennis Committee scheduling.

SS - We are very comfortable here.

HS/SS - We love it here. The people are very warm. We have good neighbors.

HERE'S SOMETHING YOU MIGHT WANT TO THINK ABOUT...

For those of you who have had the required amount of vaccine shots you might want to think about having your card laminated.

It will not only protect it but make it easier to carry when you might need them...like if you're taking a flight.

Try Office Depot or a local FEDEX facility. It shouldn't be costly and it's a good way to protect a valuable document

HELP WANTED

The Unit Owners Association of Palm Greens is looking for an assistant advertising manager. You will be working with our advertising manager, Rhoda Misikoff, helping her solicit ads for The Pulse and managing the advertising contracts we receive from our advertisers.

You will be working with a variety of retailers, medical people and a host of others. If you are looking to make a major contribution to our community, we invite you to give us call, set up a meeting and let Rhoda tell you what this job is all about. Being a full-time resident is a big plus. The phone number is 347-645-7671.

HEALTH ROOM... (continued from page 10)

who is infected to stay home to avoid spreading it to other people.

Create a backup care plan

An event like this is a good time to create an emergency care plan. Are there other family members who can care for you if you can't?

If you're using a professional caregiving service, do they have infection control protocols in place? Are they working with their employees to ensure they are trained in infection control and up to date on the latest guidelines?

Does the agency have a plan if an employee has coronavirus symptoms or becomes infected? Will they find a quality caregiver replacement to ensure your loved one has the care they need?

Don't panic, but take precautions

Now is a good time to make sure that you have enough of your regular medication on hand. It's also helpful to stock up on non-perishable, easily-accessible food that you can eat if nobody is able to cook fresh food for you.

If you need help and don't have or can't get someone close by, consider options like assistance from a professional home care agency.

Unfortunately, a pandemic situation is also a good reminder of the importance of having a living will and medical power of attorney in place. Having these documents on hand can avoid added stress if there's a health emergency.

While things are moving in a positive direction, we all hope this storm will eventually pass, and we will all be able to breathe a well-earned sigh of relief.

Until then, remember to take care of yourself, wear a mask, wash your hands, and plan ahead so you or anyone you are taking care of will be cared for.

Thank you for not bringing drinks and food into the pool area. And thanks for cleaning up after you finish with your refreshments.



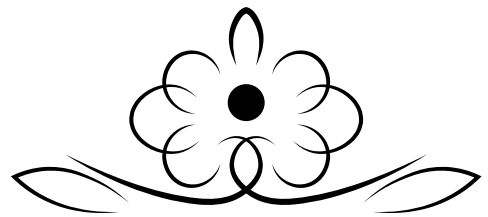
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Dr. Melissa Bowers

ANOTHER PALM GREENS FIRST... "PICK YOUR PARTNER MIXED DOUBLES CHARITY EVENT" IS A GRAND SLAM!

It happened over 2 weekends, February 26-27 and March 6. The Tennis Committee called it "Corks and Courts" and the charity was the "We Can Help" Foundation, an organization whose goal is to better the lives of young children and teens.

The tournament was divided into three categories - Chardonnay, Merlot and Rose (corks).

On March 6, the finals were played out and the winners of each category were: **"Rose" –Serge Lacharite and Carol Coté**, **"Chardonnay" – Mike Fallon and Beverly Clapman**, and **"Merlot" –Beth and Bob Villanova**.

The event owes its success to the hard work and diligence put in by Beth Villanova who managed the activities and the Tennis Committee's Co-Chairs Steffi Carmel and Mark Melnick.



Beth & Bob Villanova -
Merlot

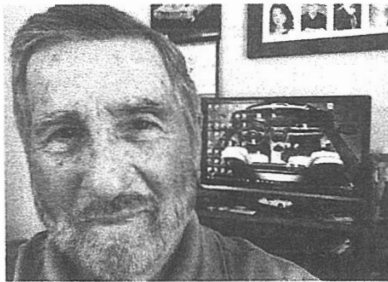


Mike Fallon & Bev Clapman -
Chardonnay



Carole Cote & Serge Lacharite -
Rose

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Spaghetti and meatballs is one of those dishes that *appears* to be easy, but in reality is a big pain. Because to do it right you have to brown the meatballs first. This is an important step as it renders much of the fat (making for a less greasy sauce), and results in that deliciously browned and crispy crust.

It's also a mess – a greasy, splattery mess.

I thought there was no avoiding this step if I wanted proper meatballs – that is, until I came across the greatest meatball tip EVER.

Rather than fry up the meatballs in a sauté pan, you bake them in the oven on a wire rack set atop a cookie sheet.

The meatballs brown on all sides, the fat drips onto the baking sheet and there is nary a grease splatter to be found.

Easy, Perfect Meatballs

1 1/2 pounds ground beef

1/3 cup bread crumbs

1/3 cup grated parmesan

2 eggs

1 tablespoon chopped parsley

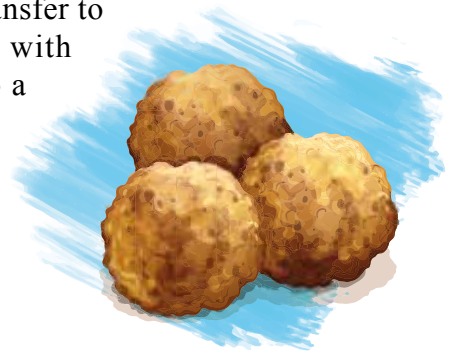
1 1/2 tablespoons garlic salt

pepper

5 – 6 cups of your favorite marinara sauce (I suggest Rao's)

Pre-heat oven to 375. Line a baking sheet with foil or parchment paper and place a wire rack on top (I like to spray the rack with Pam to prevent sticking).

Make your meatballs: combine all ingredients and, using damp hands, shape into balls about the size of golf balls. Place on your wire rack and bake for 25 minutes. Transfer to a large pot along with the sauce. Bring to a boil; reduce heat to medium low, cover and simmer for an additional 25 minutes. Serve over your favorite pasta.



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- Property Tour - Professionally produced photo slideshow with narration
- Print Advertising - Eye catching ad in our statewide *VIEW* magazine
- TV + Online Promotion - on Coldwell Banker's local TV shows & YouTube
- Property Brochures - Professionally printed to showcase your home
- Area REALTOR® Notification - agents from all local companies notified
- *SILVER* Announcement- stunning trifold mailed out (like a wedding invite)
- Targeted Advertising - Geographically targeted to buyers and social media
- Online Property Syndication-displayed on most visited R.E sights in world
- Seller Update - Graphic report charting online viewing hits with source



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