

# PALM GREENS PULSE

MARCH 2021

DELRAY BEACH, FLORIDA

## **Do You Know Where You Are?** (See Centerfold)



**Palm Greens Pulse**

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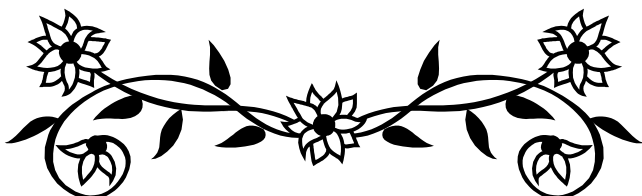
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The Unit Owners Association of Palm Greens (UOAPG) and its publication, The Palm Greens Pulse, are not responsible for the services, products and/or claims made by our advertisers.

We welcome articles of interest pertaining to Palm Greens as well as black and white photos. All submissions are subject to approval by the editor.

**Please address all correspondence to: The Palm Greens Pulse – 5801 Via Delray – Delray Beach FL 33484. We request all articles be sent to The Pulse via email – [unitowners5801@gmail.com](mailto:unitowners5801@gmail.com).**

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Women's Tennis Tournament with photos

We Care

Healthy Mask Wearing

First Service

Elected Officials

7-day weekend





**CONDO 1**

by Paul Milowe



The Condo 1 Board wishes all residents a safe and healthy spring. The Pandemic has caused a lot of stress for us all. There is room for optimism as the number of cases are dropping in the U.S. and Florida. It is still very important to social distance, wear a mask, and wash your hands.

We are working on obtaining Coronavirus vaccines for our community. If you need information about the availability of public vaccination sites, please contact your healthcare provider or the Palm Beach County at the following website: [chd50feedback@flhealth.gov](mailto:chd50feedback@flhealth.gov).

Another site for info is: [palmbeach.floridahealth.gov](http://palmbeach.floridahealth.gov) or [floridahealthcovid19.gov](http://floridahealthcovid19.gov). When we have more information on this, we will let you know.

For all our new residents, the maintenance of our beautiful property is on a schedule. Lawn mowing, shrub trimming, painting, roof replacement, etc., will happen according to this schedule. Please be patient. Contact the Condo Office if you have questions about this schedule and ask for our Property Manager, Doug.

Our Website – [PalmGreensCondo1.com](http://PalmGreensCondo1.com) - has information that you can view at your leisure. Channel 63 is our community channel for all events.

If you have any questions, don't hesitate to call the office and we will get back to you with the answers.

Have a great season.

**CONDO 2**

by Sandra Kilmas



We would like to offer some recent updates as we continue to work with our new management company as well as some safety messages.

**Pest and Rodent Control** - A new company, All Florida Pest Control, has been hired effective February 1 to do all exterior pest control as well as rodent control. This contract is estimated to save up to \$20,000 from our expenses for these items in 2020. Instead of being reactive to calls for pest control, each building will be sprayed for pests once per month. We are also investigating a proactive approach anticipating the ground breaking of 13th floor and the disturbance of rodents that have settled on the old golf course.

**Landscaping** - Work has begun to spruce up the main entrance off of Via Delray. You should see noticeable improvement already. The entrances off of El Clair are receiving some refreshing as well. Sadly, we already had some theft of flowers and bushes in our main entrance so we ask everyone to report any suspicious activity. We have also cleaned our walkways to remove mold and keep our sidewalks safe for walking.

**Parking** - On a monthly basis the maintenance staff will be doing an audit for parking violations including residents with no parking stickers, visitors with no hang tags in visitor parking spots and vehicles backed into parking spots. You can get resident stickers and visitor hang tags at the office. If you have a regular aide coming in, the office will provide a sticker. We remain vigilant in trying to protect our community from visitors who are not registered to be here, yet welcoming to those who live or provide services.

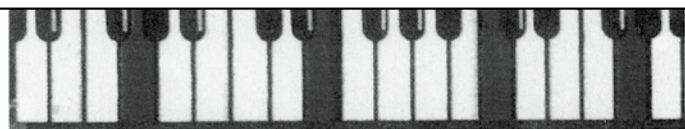
**Roof replacements** - Due to a number of roofs with shingles not lasting as long as anticipated, an upgraded shingle has been approved and has been installed on two units to date, in Fishtail and Sentry. Our plan going forward is to use the upgraded shingles for future roof replacements. We are also getting quotes to clean the many moldy roofs in our community.

**Speeding on Palm Greens Way** - continues to be a problem. If the trend continues, additional speed bumps may be the only solution. Please slow down.

**Safety Message** - Please remember to clean your clothes dryer lint filter after every run. The cleaning of dryer vents is the owner's responsibility. The fire extinguishers in your outside area are checked annually but as an extra safety measure, an ABC fire extinguisher in your condo would provide another layer of protection.

Please stay safe.

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## FROM THE MANAGING EDITOR

by Mel Clapman



*On January 19 and February 16, I received my vaccinations of the Coronavirus vaccine at the VA Medical Center in West Palm Beach. The following is a short description of my experience at the Center over the two dates.*

The VA Medical Center is located at 7305 N Military Trail, (561) 422-8262. In late December, the VA Medical Center got its first shipment of vaccines. Since then, they have vaccinated more than 11,000, including veterans over 70 and health care workers.

**January 19** – The area for the vaccinations is located off Military Trail and you have to be very attentive to where you make your left turn (if you are driving North) so you get into the big parking lot. You will see three large tents and there will be people to guide you once you get on the line. **Note: If you have not registered with the VA you MUST have a copy of your discharge papers.** The area is basically set up with three tents. One for filling out forms if you are not registered with the VA, one for getting signed in to the area for the vaccinations and one for where the vaccinations are given. That's it. You will be virtually surrounded by people who will guide you through the system. After you have gone through the first two tents, you will enter the third tent and get your shot. You will then be given a card that verifies your first shot and has a date for your second shot. You will sit in that tent for about 10-15 minutes and released. **Note: If you are registering for the first time you will be sent to the VA hospital to take a photo for your official registration. The hospital is a short distance from the vaccination area.** After you take your photo, you can go home. I will not cover the after-effects of the shot since they will vary from person to person

**February 16** – I arrived at 10am for my second shot. The longest line is alongside the parking lot, which is where you check in.

Once I checked in I went into the vaccination tent to await my call and five minutes later I was called in. The shot took under 10 minutes and the post-shot wait was under 5 minutes. I was then dismissed and I went home at 11am. That is it.

(continued on page 18)

## ALLIANCE OF DELRAY RESIDENTIAL ASSOCIATIONS

by Judy Goldberg



Hello to March! We are so amazed at how fast time is going by...

Hope that you are feeling well and for those of you that have gotten the Covid vaccine...congratulations, but keep those masks on! If you have not gotten an appointment yet...keep trying as the vaccine is slowly becoming more available! Happy Passover, St. Patricks Day and Easter which will be coming up in April. Enjoy your time with friends and family. With this pandemic, our friends have become our family, as ours live far away! A big thank you to all of you that sent get well wishes to my husband Rich.

He is healing slowly, has a great attitude and can't wait to get back on the golf course!

We had a lively Zoom Alliance meeting with our new Clerk of Courts, Joe Abruzzo sharing his new position with us. He started by saying that he saw 2 cars with the yellow sticker... Take Me To Delray. These are important when you are injured in a car accident as it means that you have a card with all your meds and contact information in the glove compartment. Our First Responders learn a lot about you from this information. Great program started a few years ago by our Alliance. As the new Clerk of Circuit Court and Comptroller believes in happy employees, he spent 10 to 20 minutes with each employee, listening to their ideas and getting to know them. His office will perform over 1000 duties setting a new course for the office. In the first 30 days, the office raised the minimum wage for the employees to \$15/hour, and created an office for the first employee ombudsman position who will investigate citizens' complaints, and finalizing a brand new website with a service finder to get what you need without visiting the office!

You can pay traffic tickets or other services and see how your money is being spent by logging to the site. Once you register you will receive e-mails or phone alerts if anything is filed in your name with this office. You can sign up at [www.mypalmbeachclerk.com/selfservice](http://www.mypalmbeachclerk.com/selfservice). You will learn more by going to this website. There are passport services, appointment only. It will protect you from abuse, guardianship issues

(continued on page 18)

## ENTERTAINMENT COMMITTEE

by Walter Jacobson



It is March 2021, and the Covid19 pandemic has killed over 440,000 fellow Americans and infected over 25 million of us as of February 2021. To help curb the spread of this deadly virus, please stay home as much as possible, wear a mask when going out and try to keep at least 6 feet away from others.

As mentioned in each of the previous articles this season we will have **no monthly shows this entire season** (Nov. 2020 to Apr. 2021) in the Palm Greens clubhouse (or anywhere else for that matter).

There is a shift in movies now, with many being released on the internet for varying prices. The idea is that it is not yet safe to sit in a movie theater, but if the studios want to continue producing movies they have to be released somewhere, somehow, to earn money. One heading in the NY Times was "Hollywood's End, the Sequel. Now Streaming."

Another article in the NY Times listed 'The 25 greatest actors of the 21st Century so far': Denzel Washington, Isabelle Huppert, Daniel Day Lewis, Keanu Reeves, Nicole Kidman, Song Kang Ho, Toni Servillo, Zhao Tao, Viola Davis, Saoirse Ronan, Julianne Moore, Joaquin Phoenix, Tilda Swinton, Oscar Isaac, Michael B. Jordan, Kim Min-Hee, Alfre Woodard, Willem Davoe, Wes Studi, Rob Morgan, Catherine Deneuve, Melissa McCarthy, Mahershala Ali, Sonia Braga, and Gael Garcia Bernal.

Funny, I don't recognize half of these names. Also, among those left out are Meryl Streep, Laura Dern, Kate Winslet, Frances McDormand, Benicio del Toro, Robert De Niro, Tom Hanks, etc.

You may not remember it but the Oscars ceremony in 2020 was held 2/9/20. There were movies we might actually have seen. In movie theaters. This year's Oscars ceremony is scheduled for 4/25/21 and we may not have seen many movies in 2020. We certainly did not see any movies in movie theaters.

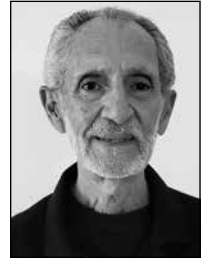
### And now for some different entertainment.

- 3 stages of sex after marriage: tri-weekly, try-weekly, try-weekly.
- I got a PS5 (latest PlayStation) for my brother. Best trade ever.

(continued on page 19)

## WHAT'S NEW AT THE REC ASSOCIATION

by Al Musaffi



Greetings!

Hope you're all doing well during these challenging times. As the impact of Covid 19 was being felt last spring (the clubhouse was officially closed March 13) I reflected on the lyrics from Joni Mitchells "Paradise": *Don't it always seem to go, that you don't know what you've got till its 'gone...'*

That may well be true, but being a person who sees the glass half full, I've come to realize that all things considered, we have much to be thankful for, and if we're all patient and diligent, we'll get through this historic crisis; individually as well as collectively.

We now have a new line-up of members on the Recreation Board: David LeVine (President), Bob Heckman (Vice President) Art Robins (Treasurer), Al Musaffi (Secretary) and we welcome our newly-elected members, Elisse Gaines (officer), and Andrea Wagner (officer and is the liaison to the Tennis Committee.) Many thanks to Joe Healy and Merle Neulight for their dedication and service to the Recreation Board.

Meanwhile, kudos to the Tennis Committee for organizing This year's Mixed Doubles Tournament. As a participant, I can definitely say, it was a fun event.

As you may know, we are hopeful for the implementation of "Omnify" which is a reservation system that will be used for the pool and other amenities in the future. This system will be accessed on line at your convenience. Telephone reservations will still be available. As of this writing, the Board is in the process of adjusting our pool capacity, our mask requirements, and the length of our afternoon pool sessions. These changes should be announced by the time this issue comes out.

Presently Palm Greens is being considered as a POD (Point Of Dispensing) site for vaccines; but in the meantime, we recommend that residents pursue other options.

Also, the reopening of our pool side café is under consideration for later this spring.

As always, continue to check Channel 63 as well as [Palmgreens.org](http://Palmgreens.org) for any updates.

In the meanwhile, stay well, stay safe, and Happy St. Patrick's Day, Happy Passover, and Happy Easter to all our friends and neighbors!



## TENNIS COMMITTEE

by Steffi Carmel  
and Mark Melnick,  
Co-Chairs



Our Mixed Doubles Tournament was held on the weekends of January 30th and February 6th. A total of 59 players participated in this successful event. While no spectators were allowed inside the playing area due to our Covid regs, there were some hard-core tennis fans who brought their own chairs and sat socially-distanced in the parking lot surrounding the courts.

Semifinals and finals were held Saturday, February 6th. The final 4 teams in each division played some very competitive matches with several scores of 10-9 being recorded.

Congratulations to all players that competed. Here are the final results:

- In the White Division:
  - 1st Place: Bob Horowitz/Toni Buonafede
  - 2nd Place: Bob Spritzler/Rosemary Heckman
  - 3rd Place: Tony DeNiro/Lois Spritzler
  - 4th Place: Jerry Kaufman/Sue Siravo
- In the Green Division:
  - 1st Place: Wayne Garges/Silvie Murphy
  - 2nd Place: Richard Rivest/Rochelle Pelleck
  - 3rd Place: Elliott Yezer/Andrea Wagner
  - 4th Place :Roland Miller/Carole Cote

A special thank you to Beth Villanova for coordinating the tournament and Norm Wasserstein for his tournament guidance, as well as those who helped out during the event - Jo Krokus, Bev Clapman, Sara Silverman, Sue Wasserstein, and Sharon Melnick.

Our second tournament should be underway when this issue of the Pulse is printed. Information is in the tennis office.

Currently, the Rec Board has begun to ease some of the restrictions regarding our tennis program. During February we got the use of all of the courts which eased the pressure on the rotation and has allowed all of the registered players to use the courts. While many of us have been able to get vaccinated, it's still important to continue protectant COVID measures such as mask wearing, social distancing, and hand washing.

From the CDC, here is why:

(continued on page 20)

## WOMEN'S CLUB

by Edie Reich  
Adele Reinstein President



Can't believe we are living in the month of February 2021 and we are still dealing with COVID. Many of us have received the first shot; many of us, I'm happy to say, have received the second. The good news is we still have to be very cautious but we can be more social, if we choose to do so. I for one –am ready!

With that in mind, sometime in the middle of March, as soon as we get the okay, Women's Club will sponsor An Evening at the Pool with a contest of Name That Tune and Karaoke. We have to limit it to 40 Women. If more apply we will have a lottery system as to who will attend. Limited refreshments will be served.

The Board enjoyed an afternoon out attended by Adele and 11 Board Members.

Take Care and stay safe.

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and make sure you are driving in the  
right direction.***

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## FOUR SEASONS

by Sherry Stein



As a New Yorker I was indoctrinated with the saying, "March comes in like a lion and goes out like a lamb." It was a reference to the changing of the seasons where the blustery winds and snows of winter mellowed into the warmer temperatures and hopefully balmy breezes of April's spring. It was a sign of better things to come.

Now as a Floridian in the time of Covid, I have learned that regardless of the season, we are fortunate to have so many beautiful days here to enjoy. The adage, "Even a rainy day in Florida is better than a sunny day elsewhere," has its merits. We are free of the snow, ice and frigid temperatures up north and not having to shovel is a blessing!

The mention of seasons makes me realize that even with Covid, time marches on (pardon the pun)! How many of us arise to a long day ahead and by the time we turn around it's five p.m. and time to think about what to make for dinner? Where did the day go? Without realizing it, we have adapted to our strange Covid environment. We get up a little later, take our time over the morning paper, get out and walk or stroll in the fresh air, have a socially distant chat with the neighbors, make a stop at the market or CVS, play virtual mah jongg and doze off for that well-deserved mid-day nap. We are busy people living a parallel existence to our "normal" lives.

I hope everyone had an enjoyable Valentine's Day and got to "spend time" with loved ones. This month, when we are all a little Irish, I wish everyone a happy St. Patrick's Day!

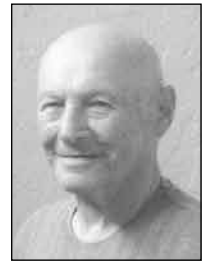
March has always been the month when we held our Four Seasons Brunch. This wonderful occasion is a gathering of members and friends who come together to share a delicious meal and be entertained by delightfully talented performers (ventriloquists, singers, magicians, etc). Hopefully, we can resume our dances, card parties, bingo nights, brunches and luncheons next season with a return to social events at the clubhouse.

In the meantime, stay safe and be well.

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## MEN'S CLUB

by Morty Teisch



Most of our winters have gone by so quickly, especially with all the clubs and activities we attended to. This year was obviously different and very slow for most of us. We did not see our families who we love so much and many of our friends did not come back to Florida. But what are the wonderful memories we do have?

Every year the Four Seasons planned a wonderful March function since they know that our Snowbirds want to be with their families for Passover and Easter. Their Annual Fantastic Brunch which was held in the Clubhouse Ballroom had a delicious display on each table of lox, white fish and egg salad along with bagels, breads & rolls. Inside the ballroom, we had blintzes and omelet stations and plenty of desserts. For entertainment we had wonderful singers, dancers and magicians. The ballroom was a sell-out. We miss this greatly.

In March the Tennis Social Club always had a gala at Benvenuto's. Some of the men wore tuxedos and others wore beautiful suits or sport jackets and slacks.

Ladies were dressed in their fineries. Dressy dresses or long gowns. The Paul Anthony Band, one of the best, kept us all on the dance floor.

The food at Benvenuto's tops all other restaurants. It was always delicious and in abundance. If you were over-full with all the hors d'oeuvres you ate, they would box your food and allow you to take it home. There was always enough for another dinner. Boy! We definitely missed this as 2021 Benvenuto's had to be cancelled! So sad!

The best we can do right now is take good care of ourselves, keep healthy and long to be together again next year 2021 to 2022.



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## WHAT TO DO WHEN YOUR PRINTER DOESN'T PRINT

by Murji Rabadia – AUM Computers  
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If it hasn't happened already, there will come a time in your life when your printer just will not print. Here are eight tips to help you troubleshoot your printer.

1) Look for an error or warning light on the printer and your computer. Refer to the manual about what the warning lights indicate.

2) Look for any paper jams. Be aware that some printers have multiple locations to look for paper jams – most have a back door.

3) Make sure there is enough paper in the tray and the tray is fully pushed in place.

4) Sometimes old documents that failed to print can hold up the printing so cancel any pending print jobs.

5) Check the ink/toner cartridges are not empty. If you haven't printed for over a month, inks could have dried. Try cleaning them using the printer's built-in maintenance menu or the printer's program on your computer.

6) Check for loose cables - the cables to the printer should be snugly plugged in on both ends.

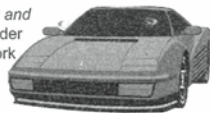
7) If you have a Wi-Fi printer, use the USB cable instead to isolate any issues with your Wi-Fi. If you still prefer to use Wi-Fi, re-connect it to the same Wi-Fi network as your computer.

8) Restart the printer and computer.



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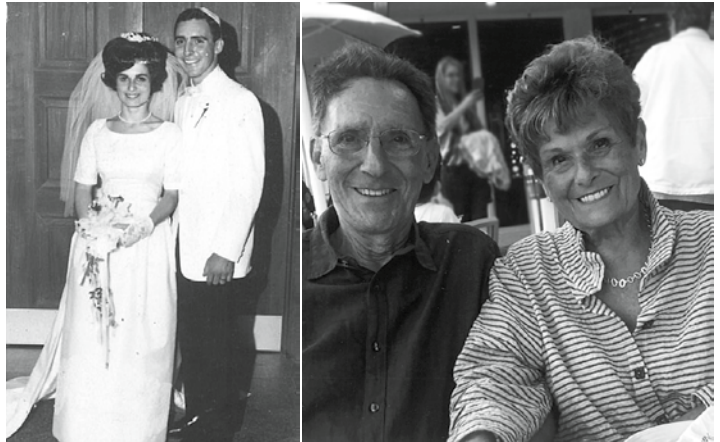
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KEVIN

## HE SAID...SHE SAID

by Joan Engleman

Judy and Rich Goldberg Married September 1, 1963. 2 daughters Nanci and Jill. Jill 3 children Nanci 2 grandchildren.



She said (SS): Born in Pittsburgh, Pa (Go Steelers) Went to art schools in Pittsburgh Art and Design and graphic design

He said: (HS) Born on Long Island. Attended all schools on Long Island. In 1959 I went to the University of Pittsburgh.

HS - In June of 1960 a friend fixed me up on a blind date on campus. I liked what I saw and what I heard.

SS - I fell in love with his eyes and his personality. On our first date I brought him home to meet my parents. They both loved him right away.

HS - Later I asked her out on a real date.

SS - We dated for 3 years. I was so happy; He was a real mench.

HS - I brought Judy up to New York to meet my parents.

SS - That was my first airplane ride.

HS - My parents loved her. I proposed to her in my parents' den.

SS - His Mom took us to her jeweler.

HS - But Judy picked out the ring.

SS - His Mom took us to pick out furniture. That was his Mom! We were young. The wedding was in Pittsburgh. The Tree of Life Synagogue. (Two years ago it was attacked by terrorists.) That was our family shul.

SS - At the wedding his mother had the band play the Pennsylvania polka. She thought that since I came from Pittsburgh, I must be a coal miner's daughter, and did the polka. No!!!

(continued on page 20)





## TIPS FROM OUR TENNIS PRO

by Jim Boardman (USTPA Pro)

If you took a survey here about why our residents play tennis, I'm sure you would get an A to Z response. Here are some additional reasons why tennis can be such a game-changer on the quality of your life.

- Get fit: lose weight, burn calories; an hour of singles play can burn 580 to 870 calories.

- Live longer: playing just 3 hours per week will reduce your risk of heart disease 56%.

- Strengthen heart, muscles, and bones: compared to other sports, tennis players have the lowest incidence of cardiovascular disease.

- Develop hand-to-eye coordination: Playing tennis involves several skills that all contribute to good hand-to-eye coordination. You can improve your agility, balance, coordination, reaction time and more.

- Enjoy family and friends: great for the whole family, no matter what your age, with minimal equipment needed and plenty of courts nearby, it's easy to bring a friend or find one on the courts.

- Develop team work and sportsmanship: from doubles play to team and league play, tennis develops your ability to communicate and work together.

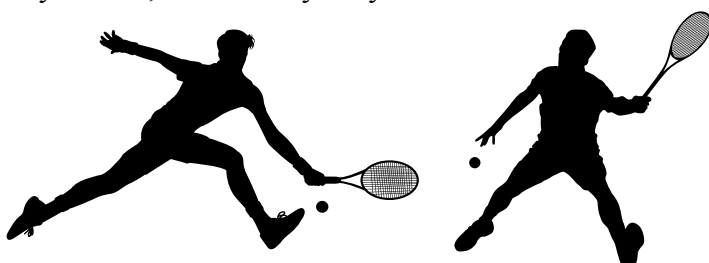
- Improve social skills: tennis outperforms all other sports in developing positive personality characteristics.

- Reduce stress: tennis helps you deal with physical, mental, social, and emotional challenges, and increases your capacity to deal with stress.

- Increase brain power: from alertness to tactical thinking, tennis enhances the neural connectors in your brain. Kids who play tennis regularly get better grades.

- Learn to solve problems: tennis is a sport that is based on evaluating angles, geometry and physics to get the best result, which translates into better problem-solving off the court.

- Tennis is fun. Get started today. Let tennis add years to your life, and life to your years.



## TENNIS SOCIAL CLUB

by Sharon Dorfman



A happy and healthy March greeting to you all.

I hope this finds everyone healthy and happy. This is a very tough time for everyone, so we should try to remember our very pleasant days at Palm Greens in the past.

Our main agenda now is to stay healthy. We know this pandemic will pass and there will be beautiful days ahead. We must concentrate and look forward to better days by taking good care of ourselves.

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## NOBODY ASKED ME BUT...

by Mel Clapman

.....why do drugstores make the sick people walk all the way to the back of the store to get their prescriptions while healthy people can buy cigarettes at the front?

.....why do banks leave vault doors open and then chain the pens to the counters?

.....why do we leave cars worth thousands of dollars in the driveway and put our useless junk in the garage?

.....why do we buy hot dogs in packages of ten and buns in packages of eight?

....why do they have drive-up ATM machines with Braille lettering?

...why is 'abbreviated' such a long word?

...why is it that doctors call what they do 'practice'?

...why is lemon juice made with artificial flavor, and dishwashing liquid made with real lemons?

...why is the time of day with the slowest traffic called rush hour?

...why didn't Noah swat those two mosquitoes?

...why don't they make the whole plane out of the same material as the indestructible black boxes?

...why are they called apartments when they are all stuck together?

### HELP WANTED

The Unit Owners Association of Palm Greens is looking for an assistant advertising manager. You will be working with our advertising manager, Rhoda Misikoff, helping her solicit ads for The Pulse and managing the advertising contracts we receive from our advertisers.

You will be working with a variety of retailers, medical people and a host of others. If you are looking to make a major contribution to our community, we invite you to give us call, set up a meeting and let Rhoda tell you what this job is all about. Being a full-time resident is a big plus. The phone number is 347-645-7671.

## THE HEALTH ROOM

by Mel Clapman

You know this is true...at one time or another, we all "kvetch" about getting old. But let's take a more positive look at this and maybe we will appreciate some of the perks we get as seniors.

Here's how getting older can save you money:

- Senior discounts.
- Travel deals.
- Tax deductions for seniors.
- Bigger retirement account limits.
- No more early withdrawal penalty.
- Social Security payments.
- Affordable health insurance.
- Senior services.
- Free college.

### Senior Discounts

If you're willing to admit your age, you may be able to get a discount on your next restaurant meal or retail purchase. Many museums, movie theaters and entertainment venues provide reduced admission prices to people who are above a certain age.

AARP negotiates discounts for members, who can join as early as age 50, often allowing you to start using senior discounts at a younger age. Discounts are sometimes available on necessities such as groceries and clothing. Not all senior discounts are publicized, and sometimes they are given only to those who request them and show proof of age.

### Travel Deals

Many hotels and rental car companies will provide a discount to seniors who are above a certain age or AARP members. Travelers are eligible for 10% off some Amtrak fares at age 65 and older and 5% off Greyhound bus tickets beginning at age 62. Citizens age 62 and older can get a National Park Service lifetime senior pass to over 2,000 federal recreation sites for just \$80 in person (\$90 online or via mail).

### Tax Deductions for Seniors

People age 65 and older are eligible for several extra tax deductions. Seniors are eligible to claim a bigger standard deduction than younger taxpayers. The standard deduction is \$1,300 more for each spouse who is age 65 or older or \$2,600 if both members of a married couple meet the age requirement.

### No More Early Withdrawal Penalty

Once you turn age 59 1/2, there's no more 10%

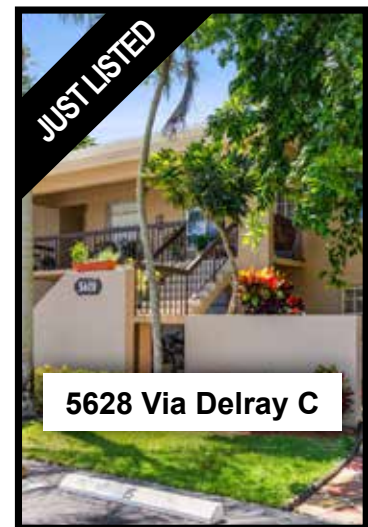
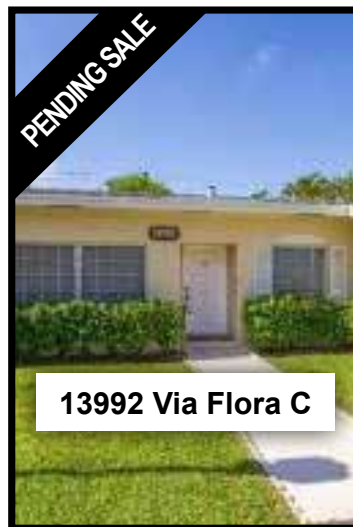
(continued on page 21)





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**Each wool ball car diffuser is \$15, which includes free shipping within the Continental U.S. To order, send an e-mail to [sheri@sherisilver.com](mailto:sheri@sherisilver.com).**

# POINTS OF INTEREST

Since I've taken you across Florida from East to West, I thought we should visit what has to be an outstanding exhibition venue, one where you can spend hours in peace and tranquility, a place that will stay with you long after you have gone home.

**The Morikami Museum and Japanese Gardens** -4000 Morikami Park Rd, Delray Beach - (561) 495-0233. This center for Japanese arts and culture is located a brief 5-10 minute drive off Jog Road.

In 1904, Jo Sakai, a recent graduate of New York University, returned to his homeland of Miyazu, Japan, to organize a group of pioneering farmers and lead them to what is now northern Boca Raton. With the help of the Model Land Company, a subsidiary of Henry Flagler's East Coast Railroad, they formed a farming colony they named Yamato, an ancient name for Japan. By the 1920s the community, which had never grown beyond 30 to 35 individuals, finally surrendered its dream. One by one, the families left for other parts of the United States.

**The Museum** - The original building, named the Yamato-kan, is modeled after a Japanese villa. It features a ring of exhibition rooms surrounding an open-air courtyard with a dry garden of gravel, pebbles and small boulders. The Yamato-kan offers a permanent exhibit chronicling the history of the Yamato Colony.

The principal museum building opened in 1993 to meet popular demand for more programming, more versatile facilities, and to satisfy the needs of a growing community. The museum's architecture is inspired by traditional Japanese design. The building features three exhibition galleries, a 225-seat theater, an authentic tea house with viewing gallery, classrooms, a museum store, the Cornell Cafe and lakeside terraces for a panoramic view while dining.

The Morikami Collections house more than 7,000 Japanese art objects and artifacts, including a 500-piece collection of tea ceremony items, more than 200 textile pieces and fine art acquisitions.

**The Gardens** - The 16 acres that surround Morikami's two museum buildings include expansive Japanese gardens with strolling paths, resting areas, a world-class bonsai collection and lakes teeming with koi and other wildlife. The wider 200-acre park features nature trails, pine forests and picnic areas.

In 2001, Morikami completed a major garden expansion and renovation. The new gardens reflect major periods of Japanese garden design, from the eighth to the 20th century, and serve as an outdoor extension of the museum. According to the garden designer, Hoichi Kurisu, each garden is intended to express the character and ideas of a unique counterpart in Japan without attempting to duplicate those gardens, and seamlessly flow together as one garden.

Morikami Museum and Japanese Gardens, with its unique gardens and collections, is one of Palm Beach County's most treasured cultural attractions. Located in a tranquil natural setting, Morikami invites visitors to explore its many facets and discover Florida's heritage and its connection with Japan.

**Daily Admission** - Adults (ages 18+): \$15 - Seniors (65+): \$13 - Children (ages 6-17): \$9, Children 5 and under: FREE!

Following social distancing guidelines, you will find some things have changed at Morikami...

- All visitors will be required to wait outside before entering the lobby, and the majority of your visit will be an outdoor experience.

- We suggest wearing sunscreen, bringing plenty of water and an umbrella to protect you from both the sun and summer rain.

- Once you arrive, please follow signage directing you to either the "General Admission" or "Member Admission" line.
- To ensure a safe experience only credit and debit cards will be accepted.
- Check out the self-guided audio tour at [www.morikami.org/tour](http://www.morikami.org/tour).
- The Seishin-an Tea House and Yamato-kan are temporarily closed to visitors.
- The Cornell Cafe will be serving from a limited menu, using disposable containers and utensils. Seating will be limited and only available on the outdoor terrace on a first come, first served basis.

- The **Morikami Museum Store** will be open regular operating hours from 10:00 am to 5:00 pm.

- Please familiarize yourself with our Health & Safety Guidelines before your visit.

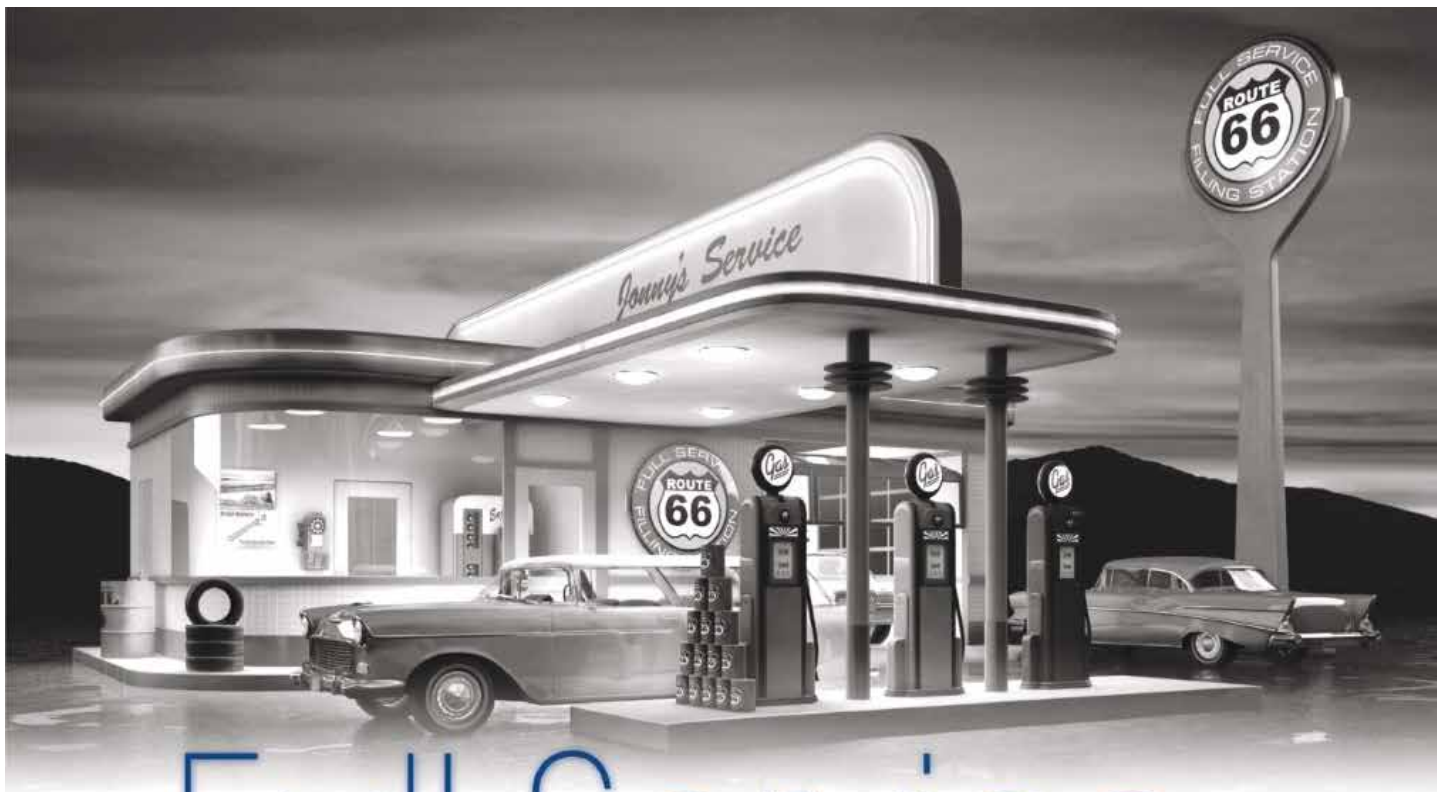
In closing, I must tell you that the overall feeling you will experience while walking around the grounds is soul cleansing. You will feel good just being there. Please call ahead to get the most up-to-date information.



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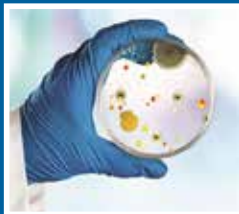
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**FROM THE EDITOR...** *(continued from page 4)*

Some side thoughts. Bring water...you will need it during your wait. If you are adverse to porta-potties, bring a strong bladder.

I hope this helps and good luck.



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**ALLIANCE OF DELRAY...** *(continued from page 4)*

and fraud. Another service is a self-service center in the main courthouse. You can get help on how to work through courts without a lawyer. Also, user-friendly notary service.

Mr. Abruzzo said to contact his office if there were any questions. "Chief" Joe, as he likes to be called, believes in diversity at work and has hired people from many backgrounds...Jewish, African-American, the Islands, Spanish. All have strong positions in his administration. Very open-minded and caring! His office covers public records, passports, traffic tickets, jury-duty to name a few. Visit the website.

Our executive V.P. Dr. Lori Vinkoor, brought us up to date on the work being done between Lyons Road and Rte 441. Less gas taxes have been collected this year due to COVID, and the taxes fund roadway projects so this project is being postponed until Fiscal Year 2024.

Lieutenant Morales from District 4 spoke about the increase in traffic because of the snowbirds. Yes, many have come down for the season. There has been an 18% increase in traffic accidents. He advised everyone to leave home 15 minutes earlier when traveling, for safety sake. We should all slow down and not get distracted when driving. A small increase in speed leads to deadly crashes! Drive defensively! If the light turns green, wait a few seconds as people speeding through the red lights are causing many horrible crashes.

Chief Tony Tozzi from Fire Rescue said they have been working at the South County Civic Center on Jog Road giving Vaccine injections. Also there has been an uptick on calls to the Fire Rescue Stations.

Vice Mayor Bob Weinroth informed us that he is meeting with officials regarding the vaccine. The real issue is supply. The Division of Emergency Services said Publix is their primary concern. There were 41,000 applications at 67 Publix locations. Go to the website, [publix.com/covid-vaccine/florida](http://publix.com/covid-vaccine/florida). Over 200,000 emails were received with 163,000 still on the list. At the South County Civic Center, you must have an appointment to receive the vaccine. Teachers and those over 65 years old are eligible. Go to the website [myvaccine.fl.gov](http://myvaccine.fl.gov) for statewide signup.

Emily Slosberg, is trying to organize programs (PODS) in our 55+ communities. There is also a new bill on the pandemic to comply with Florida Legislature regarding selling vaccines. She is also working on traffic safety and issues about texting while driving.

*(continued on page 19)*

**ALLIANCE OF DELRAY...** *(continued from page 18)*

Aide Vivian Leiva told us that Commissioner Maria Sachs was in Belle Glade with Governor DeSantis, working on obtaining vaccines.

Karen Brill from the School Board said that they are working to administer vaccine to those who work with our children.

As you can see, COVID vaccine is the topic at this time and the availability issue is being addressed.

The next Zoom meeting of the Delray Alliance will be zoomed on Wednesday, March 3, 2021. The topic will be Mayor Dave Kerner with "The State of the County"!

We Zoom our meetings for now, but when COVID is tamed, our meetings will take place at the South County Civic Center, 16700 Jog Road, Delray Beach, across from Morikami. Doors open at 9AM when refreshments are served. The meeting begins at 9:30 and always conclude by 11:30. All are welcome.

**ENTERTAINMENT COMMITTEE...** *(continued from page 5)*

- Why do women have cleaner minds than men? Because they change them more often.

- My girlfriend accused me of stealing her thesaurus. I'm shocked, aghast, appalled and dismayed.

- Right eye to left eye. Between you and me something smells.

- If a pig loses its voice, is it disgruntled?

- Just sold my homing pigeon on EBay for the 22nd time.

- Do Lipton Tea employees take coffee breaks?

- What hair color do they put on the driver's licenses of bald men?

- When I offer to wash your back in the shower, all you have to say is yes or no. Not all this "who are you, and how did you get in here?" nonsense.

- If it's true that we are here to help others, then what exactly are others here for?

- What did our parents do to kill boredom before the internet? I asked my 26 brothers and sisters and they didn't know either.

- My boss drove to work in a brand new Lamborghini. I said, "Wow, that's an amazing car." He replied, "If you work hard, put in all your hours & strive for excellence, I'll get another one next year."

- One minute you're young & fun. And the next you're turning down the radio in your car to see better.

- Think you are old and you will be old. Think you

are young and you will be delusional.

- You're not fat, you're just....easier to see.

- Not in jail, not in a mental hospital, not in a grave – I say I'm having a very good day.

- Peekaboo sickness is terrible. You go straight to the ICU.

- When you put the two words 'The' and 'IRS' together it spells 'Theirs'.

- I forgot to use a coupon my wife gave me, so I'm not sure if I should go home or disappear and start a new life.

- Dating: Can't wait to see you again.

- Marriage: Part of your knee was on my side of the bed again last night.

- My wife asked me if she had any 'annoying' habits & then got all offended during the PowerPoint presentation.

- Me to my mom: "What's your secret to 50 years of marriage?"

- Mom: We never hated each other on the same day.

- I just got my wife a giant ice coffee from my trip to the outside world. So don't tell me I don't know a thing or two about foreplay.

- What did 50 cent do when he got hungry? He 58.

- I decided to make sure my wife woke up with a big smile on her face. Thank God for sharpies.

- Do not touch must be the scariest thing to read in Braille.

- Please wear a mask when you go out. Let's have everyone do his or her part to stop spreading this deadly pandemic; it is a critical health matter. Actually, as tired as we may be from this Coronavirus lock down by staying home mostly, if we take the necessary steps together, we may flatten the curve.



Thank you for not bringing drinks and food into the pool area. And thanks for cleaning up after you finish with your refreshments.



**TENNIS COMMITTEE...** (continued from page 6)

1) The vaccine doesn't guarantee complete immunity and it takes a couple of weeks after the 2nd dose for your body to produce antibodies.

2) We don't know yet if the vaccine protects against infection or only illness. People may still be able to spread the virus to others even if they have the vaccine and aren't sick themselves.

3) We won't achieve "herd immunity" until 60-70% or more of the population is vaccinated.

As always, be safe, have fun, and enjoy our tennis activities.

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**WE CARE**

As the name of our organization implies we care for our friends and neighbors in Palm Greens to make sure that all their needs for being healthy are being taken care of.

We transport our residents and their guests to medical facilities, and we provide walkers, canes, and wheelchairs when they are in need.

To be able to do all that we have to do for our resident and their guests, we always are in need of volunteers. Without volunteers, any organization would have to hire people to do the job that is done now in Palm Greens.

Palm Greens is very fortunate that there are many volunteer that staff all our clubs, and staff our boards and they do so without any compensation, otherwise if we have to pay for this kind of service that the volunteers do, our maintenance would be triple what it is today.

In case any residents are in need of our servicers, please call 495-0878 which is monitored by one of our volunteers who gives the information to another volunteer.

Please give us 24 hours and leave your name and a telephone number where we can reach you.

**HE SAID - SHE SAID...** (continued from page 8)

**HS** - We honeymooned in Miami and stayed at the Carillon hotel.

**SS** - I had long hair and we went swimming every day, so I went to the beauty shop almost everyday. I wanted to look good for my husband. No rollers!

**HS** - I suggested that she cut her hair and start taking care of it herself. Judy has had short hair ever since.

**SS** - Our first apartment was a one bedroom in Queens N.Y. \$90.00per month. Then we moved to a two-bedroom apartment that was about \$130.00 per month

**HS** - I got a job at Graham Chemical for 5 years

**SS** - I got a job at New Yorker magazine. I worked there for 3 years. When I got pregnant, they suggested that I retire.

**HS** - In 1965 I worked at the New York Times in advertising production. I eventually did more advertising sales at other magazines and Newsday on Long Island. In 1968 we moved to Baldwin, Long Island. The house was a split level 3 bedroom 2 ½ baths. We lived there from 1968 to 1997. Great community.

**SS** - When the children graduated college, we moved to Melville, Long Island to a townhouse. We lived there for 17 years. After we retired, we travelled extensively. We came to Florida to visit friends. Rich is a golfer and loves the warm weather. So my cousin, who is a realtor, took us to Palm Greens. Of course Rich loved the golf course.

**HS** - We rented here for four months. We went home to New York, and put our house up for sale. We sold it in two weeks.

**SS** - We came back and bought in Palm Greens. Rich got his golf course and weather.

**HS** - Judy totally renovated the whole place.

**SS** - We are very happy here. The people are down to earth. No pretension. I became very active in Women's Club, Four Seasons, and a rep. on the Delray Alliance.

**HS** - I got a golf game right away. I still play with the same guys.

**SS** - We love to explore new places and cultures. Canadian Rockies, Hawaii (twice), China, Baltic Cruise- St Petersburg, Italy, Panama Canal, cruising the Caribbean, Amalfi Coast, Israel. We have family there. Our older daughter was Bat Mitzvahed there at Masada.

**HS** - Good times together.





**THE HEALTH ROOM...** *(continued from page 10)*

penalty to withdraw money from your IRA. And if you leave your job at age 55 or later, you can begin taking penalty-free 401(k) withdrawals from the account associated with the job you left at an even earlier age.

**Social Security Payments**

You can sign up for reduced Social Security payments as early as age 62 or claim the full amount you have earned at your full retirement age of 66 or 67, depending on your birth year. If you delay claiming your payments past your full retirement age up until age 70, you will earn delayed retirement credits that will further boost your monthly benefit. The later you start, the higher your benefit. These payments are adjusted for inflation each year and will continue for as long as you live.

**Senior Services**

Many communities provide low-cost taxi or van services to help seniors citizens get to doctor appointments or go grocery shopping. Some cities even provide free or discounted public transportation to people above a certain age. Senior centers might provide low-cost meals, affordable classes and entertainment and an opportunity to socialize with other seniors. Your local library or community center might also have events specifically for older residents.

**Free College**

College costs are a major expense for young people. But retirees might be able to take classes for free or at a very low cost. Many public colleges and some private institutions provide senior citizen tuition waivers or allow older people to audit classes for free or a minimal cost on a space-available basis. And there are over 100 Osher Lifelong Learning Institutes on college campuses that offer affordable classes specifically for retirees.

Bottom line: Enjoy the life you are living and appreciate what the rest of your life has to offer. It's a good way to start each day.

**THE BALLOTS ARE IN AND THE VOTES HAVE BEEN COUNTED**

In order to keep you all up to date, here are the results of the elections that were held for the Palm Greens Condo 1 and 2 Boards and the Recreation Board.

**NEWLY ELECTED OFFICIALS****CONDO 1**

Steve Brimberg  
Joel Neulight  
Bill Bozza  
Marge Kurinsky  
Alan Tirone  
Paul Milowe  
Linda Brier (New Member)

**CONDO 2**

Sandra Klimas-President  
Colm Foyle-Board member at large  
Robert (Bob) Stern-Secretary  
Current members:

Rob Thom- Vice President  
Tirtzah Israel-Treasurer  
**RECREATION BOARD**

Incumbents not up for election - terms will expire at the end of 2021

David LeVine (Condo 1)  
Art Robins (Condo 2)

Incumbents elected to new 2 year term expiring at the end of 2022

Al Musaffi (Condo 1)  
Bob Heckman (Condo 2)

New Board members - elected to two year term expiring at the end of 2022

Elise Gaines (Condo 1 - replacing Merle Nuelight)  
Andrea Wagner (Condo 2 - replacing Joe Healy)



## FIRST ANNUAL MIXED DOUBLES TOURNAMENT GETS OFF TO A GOOD START

On February 6, the first annual Palm Greens Mixed Doubles Tennis Tournament concluded its competition and the venue was deemed an overwhelming success.

Co-Chairs Mark Melnick and Steffi Carmel and event coordinator Beth Villanova noted that the event started with 62 participants and concluded with high-quality finals.

Prizes were awarded to the four finalists, all of whom received a gift certificate that entitled each of them to a free tennis clinic session with our tennis Pro, Jim Boardman.



## TOP TIPS FOR HEALTHIER MASK WEARING!

by Sheri Silver

Because while mask wearing is simply an unavoidable part of life now, it brings with it some problems that you've probably never had (or even thought about) before, namely: Maskne ("mask" + "acne") AND Mask Mouth.

Let's start with maskne. What is it? Well, it's any breakouts, rashes or other skin problems potentially related to mask wearing. The good news is that there are several steps you can take to minimize, or even avoid it altogether:

**\*Wear a mask with a smooth texture** – this will cut down on friction, which can cause skin irritation.

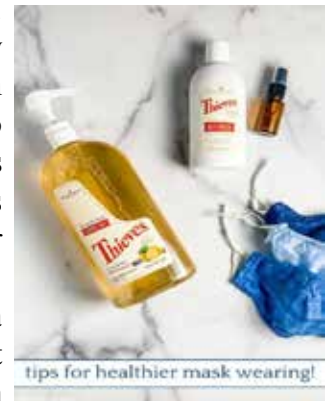
**\*Wash it after one day of wear** – Think about your mask – you're constantly touching it, taking it on and off, and putting it down throughout the day. You are breathing on it with your nose and mouth all day long. And who knows what else – makeup, food, etc. – it comes in contact with. So yes, wash it after a day's use.

**\*Take a critical look at your laundry detergent** – SERIOUSLY. If there was ever a time to ditch your current detergent, NOW IS THAT TIME. Laundry detergent regularly makes any "top ten most toxic household products" list, and with good reason. Laundry detergents contain hormone-disrupting fragrance and fragrance binders (to make that scent last and last), that wreck havoc on your cellular makeup and confuse your endocrine system. So basically if your laundry comes out smelling like ANYTHING, there is a fragrance binder in the detergent. The chemicals from the detergent you use pass right through your skin and into your bloodstream without any filter.

Now think about what your mask (and that laundry detergent) is coming in direct contact with via your mask – your nose and your mouth. Need I say more? I love Young Living's Laundry Soap, but it is also VERY easy (and cheap!) to make your own.

Okay, on to mask mouth.

You're more inclined to breathe through your mouth



(continued on page 23)

**TIPS FOR HEALTHIER MASK...** (continued from page 22)

while wearing a mask, which can cause dry mouth, and a decrease in saliva. Saliva fights bacteria and cleanses your teeth, as well as neutralizing acids that lead to tooth decay and gum disease (who knew saliva was such a rock star?). In addition, you're probably not drinking enough water when you are wearing a mask, which leads to dehydration (and further aggravates that dry mouth). Dry mouth results in a buildup of bad bacteria which can lead to decaying teeth, receding gum lines, periodontal disease and bad breath (fun!).

But there's hope!

To start, drink more water – you KNOW this anyway, but it's super-important during these times. And try as much as possible to breathe through your nose.

And here's an effective way to combat mask mouth:



This little mouthwash spray.

It's filled with half Thieves Mouthwash and half distilled water, and you might want to consider using it whenever you feel a little throat irritation coming on, as it has a soothing, mildly analgesic effect (think Chloraseptic but without any food dye and artificial flavors).

It's also awesome right before a long stretch of mask wearing.

Thieves Mouthwash is free of alcohol, dyes and artificial flavors. And it not only contains Thieves essential oil (clove, lemon, cinnamon, eucalyptus and rosemary), but spearmint and peppermint oils too. Mouthwash can decrease bacteria in your mouth, so you're not rebreathing as much bacteria onto your skin (leading to the aforementioned maskne).

Regular use will yield best results, which is why this little bottle is so portable you can virtually take it anywhere you go.



## AN OVERVIEW OF FIRST SERVICE RESIDENTIAL TO CONDO 2 RESIDENTS

*For the past months, residents of Condo 2 have been made aware that they are being serviced by a company called First Service Residential. Many of the residents have asked who this company is and what services they perform. Here is a brief overview.*

First Service Residential is a full-service organization that offers a wide range of community management services, including physical, administrative, accounting and financial services, consulting services and insurance.

They provide additional value to communities like ours by incorporating unrivaled economies of scale and best practice sharing across our community.

The goals of First Service Residential include:

- Delivery of exceptional service
- Optimizing operating budget
- Elevating safety and mitigating risk
- Improving resident lifestyle
- Enhancing property values

FirstService Residential is the leading provider of professional management services to high-rise buildings, condominium and homeowner associations, large-scale communities and developing communities since 1980.

They are one of the few full-service management companies in the country recognized as an Accredited Association Management Company by the Community Associations Institute (CAI).

## SAFETY TIPS FOR NIGHT DRIVING

**Aim your headlights.**

**And make sure they are not blinding oncoming traffic.**

**Wear the right glasses.**

**Use prescription glasses that have an anti-reflective coating, which keeps light from bouncing around inside your lenses.**





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## THE SEVEN DAY WEEKEND

by Peter A. Dreifus

Just one year ago a horrible thing happened to the United States and the world. It is called the coronavirus or COVID-19. Sadly, many have gotten this terrible disease and millions have died throughout the world.

We at Palm Greens as well as other older and retired people have had to adjust to a new way of life. We must wear masks and cannot be less than six feet from anyone except those who live with us. We also must wash our hands frequently, all to keep from getting and/or spreading the awful virus to others.

What do we do while this is going on? We cannot participate in regular fun activities at the pools and parties at the clubhouse or go to restaurants and other activities outside of Palm Greens. So what do we do? We stay at home and read and/or watch TV.

Now here's the problem with all this. Every day seems the same and very often every day seems like a weekend day like before the pandemic hit. Monday through Friday seem like Saturday or Sunday when we normally relax at home or at the pool. Sunday is recognizable because there is no mail. Wednesday

and Saturday we put out our trash. You get up in the morning and wonder what day it is and what you can possibly do differently from all the others days to keep a differentiation one from the other and keep your sanity. So, we have the SEVEN DAY WEEKEND.

Hopefully with everyone now getting vaccinated, we may soon return to the old 5 weekdays and 2 weekend days. Stay safe and stay healthy.

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